



Friday, June 15th, 2018

Amherst Town Green: 11 Church Street, Amherst NH

\$25.00 pre-registration
\$30.00 day of registration

5k Participants get finisher prize! This is a beautiful course that runs through historical country neighborhoods. Professional timing by Millennium Running. Visit <https://www.amherstflagday5k.com/> for more details and to register online.

All proceeds sponsor the Moving Wall, A Vietnam War Memorial, coming to Amherst NH July 20th.

By signing this race form, I understand that running is a hazardous activity and I should not enter unless I am medically able or properly trained to do so. I hereby for myself, heirs, executors and administrator waive and release any and all rights and claims for damages that I may have against the sponsors, coordinating groups and any individuals associated with the Milford Rotary Club, the representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event.

Please fill out this form for each participant

Name: _____ Age on 6/15/2018 _____ DOB: _____

Are you active military? _____ Are you a veteran? _____ If so, what branch of the military? _____

Telephone: _____ Street _____

City: _____ State: _____ Zip: _____ M/F: _____

Email: _____

Signature: _____
(parent or guardian signature for applicant under 18 years of age)

MAIL TO: 128 Amherst Street, Amherst NH 03031
Mail this form **before** 6/12/2018 (After 6/12/2018 please bring to event)
Checks Payable to: Milford Rotary Club Foundation

Sponsorships are welcome – contact amherstflagday5k@gmail.com