Events Calendar

Initial Meeting of Nia NH Yoga

Thursday, March 26th from 7:00-8:15pm, Women Supporting Each Other's Passions and Life's Work. Come meet like-minded women and come together to get supported, inspired and energized. It's an opportunity to make friends and if you desire, form business relationships. This is an initial meeting that will most likely continue with ongoing meetings. If you are interested but cannot make this meeting be in touch with Lisa, 562-7525, Nia NH and Yoga, 76 Route 101A-Cobblestone Corner , Amherst, 562-7525

April 1st SOCRATES CAFE

Join us as we bring philosophy to the every day individual through a gathering for those who like to talk about issues, ethics and ideas. We get together and discuss what is on our minds, from something on the news that day to the age old questions of "What is ...? Do you like to have a good, safe discussion without fear of being attacked for having an opinion that is different? Share in learning how to think, not what to think. We meet the first Wednesday of every month at the Toadstool Bookstore in Milford at 7 p.m.

Amherst Area Newcomers' Club Monthly Coffee

The Amherst Area Newcomers' Club will host their monthly coffee on Thursday April 2nd. Please join us between 9:30 & 11:30 AM at the "Black Forest Cafe" on Rte 101 in Amherst. Newcomers' is a local women's group serving residents of Amherst, Milford, Mt Vernon & surrounding areas, both new to the area & not so new. It meets regularly for social activities & in special interest groups. If you would like to know more about us but are unable to come on the 2nd please call Susan Wheatley at 673-1439 for further information or visit our website www.nh-newcomers.com.

Nashaway Chapter of the Audubon Society of New Hampshire

The March field trip to Beaver Brook Association in Hollis will take place on Saturday, March 28 from 2pm – 6pm. We will be searching for early spring wildlife, targeting Woodcock, Spotted Salamander, and Wood Frog. Bring boots and flashlights. Meet at Beaver Brook's Brown Lane Barn off of Ridge Road. For registration contact Richard Bielawski at 429-2537 or rbielawski@mac.com

New Hampshire Rose Society Hosts Convention

The New Hampshire Rose Society will host the American Society Yankee District Convention at the Radisson Hotel in Nashua. The following are some of the programs that will be presented on Saturday, March 27: Fuller Gardens Techniques of Rose Culture by Jaime Colen, Director of Fuller Gardens, Hampton, NH; Major Diseases and Pests of Roses and Their Control; by Dr. Kenneth Horst, Plant Pathologist and developer of GreenCure Organic Fungicide; Designing Rose Gardens by Irwin Ehrenreih, owner of Roseman Nursery, Carver, MA; How Pesticides are Impacting the Bee Population, by Valerie Fisk, member of Worcester County Bee Keepers Association; Gardens of the American Rose, Shreveport LA, by Jolene Adams, Master Rosarian and Horticultural Judge.

For contact Tessie McKeown at 654-2402 or jaderose@tds.net"

Fundraiser for SCC

Car Wash and Bake Sale to support the Souhegan Christian Church Youth Mission trip this summer.

The SCC Youth Group will be having a Car Wash and Bake sale on March 29th from 12pm - 4pm at 5 Route 101A, Amherst. Come and support our youth who will be going on a mission trip this summer. All Car washes and bake sale items can be purchased with a donation to the mission trip fund.

COMEDY NIGHT AT HAMPSHIRE HILLS

Need a good laugh? Back by popular demand, two very funny comics are coming to Hampshire Hills on Saturday, March 28, 2009. As always, reservations are strongly encouraged. This small venue boasts "not a bad seat in the house"! Show begins at 8pm, tickets are only $25 per couple. Call 673-7123, Ext. 0 to reserve your seat today!

Town News

Amherst Conservation Commission Receives Forest Award

AMHERST – The Amherst Conservation Commission was recognized by the nationwide Forest Guild for the Commission's forest management program. The forests at Joe English and Haseltine Reservations have been designated Model Forests by the Guild. This distinction is granted to a relatively few forests from coast to coast.

The ACC Forest Management Plan, developed by forester Charles Koch, is designed to produce quality saw logs over the long term as well as habitats and food for a diverse species of birds and animals. Creating a forest that hikers and other out-of-doors passive recreationists can enjoy is an important component of the plan as well. While a timber harvest is not undertaken if it would cost the ACC, revenue is secondary to the other facets of the plan.

Mr. Robert Perschel, Northeast Regional Director of the Forest Guild, presented a plaque to ACC Chairman John Harvey during a program at Peabody Mill Environmental Center. The plaque reads:

Forest Guild Model Forest
Demonstrating
"Excellent Forestry"

This ownership is recognized for thoughtful, ecologically responsible forest planning and management techniques that seek to sustain the entire forest, now and for the long run.

Mr. Koch lead a tour of a recently harvested area to illustrate the management techniques employed. Hiking trails that lie within the managed area include the Bicentennial, Hemlock and Hammond Brook trails. These trails form a loop through a variety of habitats that makes a good family walk.

Robert Perschel, Northeast Regional Director of the Forest Guild, presents John Harvey, Amherst Conservation Commission Chairman with a plaque recognizing the excellent forestry practices being utilized by the Commission. Commissioners William Wichman and Dr. Jack Gleason look on.

Master Planning Notes

Reviewing Vision and Goals, Part III

Richard Hart,
PLANNING BOARD MEMBER

AMHERST – Review of the draft Amherst Master Plan elements continues. At recent meetings, all elements have been covered except for Recreation and a final review of *Land Use & Zoning*.

Almost Done with this Review

Most elements now seem to be well understood. Corrections, clarifications, and adjustments of the following elements have been identified, with considerable agreement among those involved: *Housing, Transportation, Conservation, Historical & Cultural Resources, and Public Facilities & Services.*

But Some Discussions Remain

The *Economic Development and Land Use & Zoning* elements still contain some contentious aspects, including mixed use development, how to handle future development along Route 101, and how to better handle commercial and industrial development along Route 101 A. In the end, we will need to include aspects of each point of view where differences remain.

Recently a letter in this paper discussed three "objectives" (their term) of the Amherst Master Plan. The letter writers, Fred and Linda Morsheimer, correctly recognized these as complex issues. I'd like to expand on their discussion, both to clarify what they said, and because their "objectives," while not all goals of the master plan, do relate to Amherst Master Plan questions of how we should plan for growth that will happen in town.

- **Increased density? Increased density is not a goal of this, or any previous Amherst Master Plan. However, some Master Plan goals, such as preserving natural resources and open space, and supporting different housing types do allow increased density as one way to achieve those goals. Consider a land owner who has 40 developable acres. The owner can subdivide the land into 20 two acre lots and develop each of them separately. Another option is to allow houses to be built more densely on 20 acres, while preserving the other 20 acres as open space. This allows us to preserve some open space, but at the cost of greater housing density on half of the property. Amherst's population continues to grow. How do we plan for it?**
- **Increased diversity? Diversity, also known as, workforce housing, affordable housing, or senior housing, is listed as a goal in the master plan. The recently passed SB342 (now RSA 674:59) requires each town "to adopt land use ordinances to provide reasonable and realistic opportunities for the development of workforce housing. " SB342 gives us some control over the location of workforce housing, but it requires that we allow it in a majority of our residentially zoned areas. This may require increases in density. If for no other reason than that workforce housing is required by law, we must plan for it now, before others do it for us through zoning variances or the courts.**
- **Increased retail? Increased retail is not a Master Plan goal. Master Plan economic development goals are to** *"encourage higher valued redevelopment in existing commercial and industrial areas,"* **to "improve the design of existing commercial areas," and to encourage mixed use nodes in existing commercial areas, and possibly in a future big new**

AMP Amherst Master Plan
Lighting the Future

Continued on page X ►

New Hampshire Chefs, Bakers & Winemakers to Serve Up a Cure for Cystic Fibrosis

Proceeds to benefit the Cystic Fibrosis Foundation

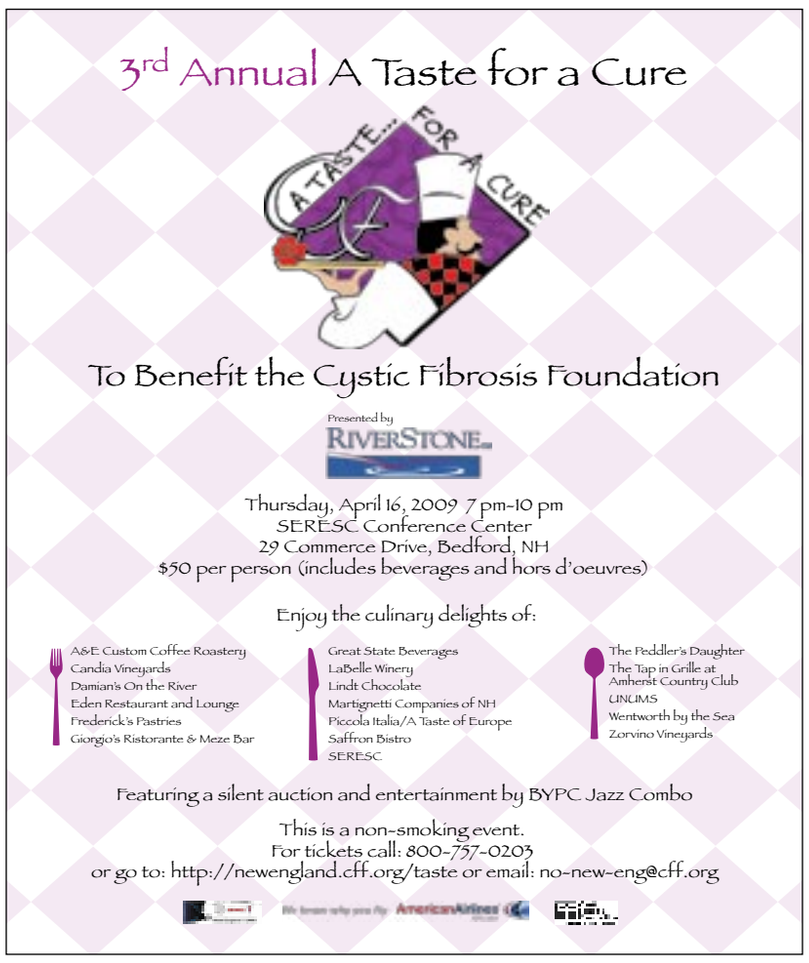
BEDFORD – Tickets are now on sale for the Cystic Fibrosis Foundation's 3rd Annual A Taste for a Cure, presented by RiverStone Resources. The food and wine event, featuring some of New Hampshire's best restaurants, gourmet food shops, bakeries and wineries, will take place Thursday, April 16, 2009 from 7:00-10:00 p.m. at the Southeastern Regional Education Service Center (SERESC) in Bedford. All proceeds will benefit cystic fibrosis (CF) research, care, treatment and education.

The inspiration for the event is Rosie, a 10-year-old middle school student who has CF and lives in Amherst. Throughout the year, Rosie does everything that a 10-year-old can do to help find a cure for CF. She raises money by selling jewelry that she and her sister make. She draws beautiful thank you cards for CFF donors and she sells CF awareness pins.

Vendors participating in the event include A&E Custom Coffee Roastery, Candia Vineyards, Damian's On The River, Eden Restaurant & Lounge, Frederick's Pastries, Giorgio's Ristorante & Meze Bar, LaBelle Winery, Lindt Chocolate, The Peddler's Daughter, Piccola Italia Ristorante, Saffron Bistro, Tap In Grille at Amherst County Club, Unums and Wentworth By the Sea.

Tickets are pre-sold at $50 each and include a sampling of all food, wine and beer. The event will also feature live entertainment and a silent auction that includes trips to the Cayman Islands and Ireland, American Airlines tickets, local weekend getaways, restaurant gift certificates, autographed sports memorabilia, and more. In addition to the event's presenting sponsor, RiverStone Resources, other event sponsors include F.W. Webb Company and KANA Software.

To purchase tickets for A Taste for a Cure or for any questions, please visit http://newengland.cff.org/taste, or contact the Cystic Fibrosis Foundation at 598-8191 or no-new-eng@cff.org.



Painting,& Carpentry
Doors & Windows
Odd Jobs
No Job Too Small
The Town Plier, LLC
Home Repairs and Maintenance
Your reliable handyman since 1996
www.thetownplier.com
Fully Insured 529-3609 Free Estimates

JOSEPH RACZEK, O.D.
GENERAL OPTOMETRY
CONTACT LENSES
• New Patients Welcome
• Convenient Hours
• All types of Frames & Lenses
• Most Insurance Accepted
380 Nashua Street, Milford, NH • 673-7428
Community Based Family Eye Care Since 1986

DUMP THE DUMP!
Weekly Trash Pick-Up $9
SAVE GAS! We come to you. We Recycle!
732-0961
www.byebyedump.com
H2O Waste Disposal Services, LLC
Milford, NH

Tree & Stump Removal
Call: 630-0622 or 487-1009
FULLY INSURED • FREE ESTIMATES
Storm Damage Cleanup • Stump Grinding On-site
Tree & Brush Chipping Available • Bucket Truck Work
www.northeasttreeremoval.com

Realistic
Stunning
Affordable
A vision to behold.
So realistic, it is often confused with real premium exotic hardwood.
So stunning – witness the elegant "piano" finish. And, compared with exotic species, it's more affordable, easier to install and gentler on our natural resources.
We beat the Big Box stores every day!

12 Months Same as Cash • Financing Available
cardozaflooring
INSTALLATION & SALES
673-2201
www.cardozaflooring.com
On the Oval • 227 Union Sq., Milford • Mon 12-6; Tue-Fri 9-5; Sat 9-3
For your convenience, we will be open any night by appointment

Easter Parade, Egg Hunt and Scavenger Hunt
Amherst Village Green
Saturday, April 11, 2009 at 10am
Don't be late,
for this very important date!
Get on your bonnets,
Get on your caps!
Be sure to grab your basket,
Because this will be fantastic!

A Parade kicks off the festivities, at 10am, in front of the Congregational Church.
Children 0-8 will participate in an egg hunt.
Older children will join in on a scavenger hunt to find a yummy treat.
Bring a camera to capture a special picture with the Easter Bunny!
Sponsored by – The Amherst Junior Woman's Club
Chairpersons: Keri Allen KLB.SLEUTH@hotmail.com, Barbara Baum barbara_baum@yahoo.com & Susanne Carpenter susanne.carpenter@gmail.com