

SportsFolio

Souhegan Sabers Rout Sachems 37-7

The Souhegan Sabers football team goal was to play a physical football game Friday night vs. the division 4 finalists from a year ago, Laconia Sachems. The Sabers took control of the game early jumping out to a 13-0 first quarter lead. Steven Jellison (13 carries 187 yards rushing in one half of play only) broke the ice early, sprinting 67 yards off right tackle for the Sabers first touchdown. QB DJ Petropoulos (14 of 22 for 145 yards and 2 TD's) threw two first half touchdown passes, one each to Brendan McKenna and Alex Lyon. The defense was a dominating force all night, holding Laconia top runner, Brian Bozek, to 52 yards on 15 attempts.

The game was won up front, with seniors Colin Cray, Matt Comstock, and Sean Cultrera making one big hit after another. Other linemen contributing to the 480 yard offensive output were Kyle Beaulieu and Ryan Bullard.

Linebackers Steve Daigneau, Colin Ginnard, and SS Eric Dwinell were also outstanding on defense for the Sabers. Tyler Wing chipped in with 7 pas receptions and a key 3rd quarter interception. Junior QB Mike Luks hooked up with fellow junior Matt "shaggy" Schagrin on a beautiful 45 yard touchdown strike late in the 3rd quarter to put the game away. The Sabers ran out the clock behind the impressive work of the second offensive line and the solid running of sophomore Jack Nelson.



Steven Jellison races downfield with a block by Sean Cultrera.

Bill Dod Photo

Souhegan Field Hockey 5-0



Emily Gravel in action against the Monadnock Huskies in the Sabers 5 to 0 victory on Tuesday.

BILL DOD PHOTO

The Saber Field Hockey team is off to a fantastic start! The girls picked up where they left off last season, returning seven starters, with strong defense and offense. The greatest victory for the Sabers so far this season has been the win over Hollis-Brookline on September 4th. After losing two close games to Hollis-Brookline last year, the 3-0 win was very rewarding for the team. On Tuesday, The Sabers defeated Monadnock 4 to 0. Emily Readdy led the scoring attack with two goals. If you are looking to see

the Field Hockey team in action this fall, check highschoolsports.net, we would love to see you all there!

Members of the varsity Field Hockey team include, captains: Molly Dalton, Bree Gunter, Chelsea Larivee, and Emily Readdy, seniors: Greta Dupris, Sadie Oliver, Gina Conroy, Jess Beliveau, Molly Esmiol, juniors: Anna Ballard, Rachel Dobbs, Emily Gravel, Lindsey MacPhee, Ali Sagon, Astrid Bensen, Kathleen Malloy sophomores: Libby Bacher, Lizzie Callahan, Morgan King.

Souhegan Boys Volleyball

The numbers were down from in the thirties to last year to twenty two this season and with boy's volleyball moving to the spring next season it's unclear as to what the program will look like. The thought behind moving to spring is with hopes of attracting more players and teams (schools) to the sport. As it stands now there are only nine teams in the NHIAA.

Having just completed our seventh game, a heartbreaking five game loss to Oyster River, the team's record now stands at 3-4. At this point we have topped last seasons win total of only two. Our short term goal is to double last seasons win total with an end of the season goal of being among the top five or six teams in the division (eight qualify for the play-offs).

This season's team features our most improved player from last season, Adam Stokes. Adam, a senior, continues to be our most productive back row player. Our team lacks any size with no players taller than six feet. The better teams all have several players that can get up and hit the ball hard with strong net play. This is an area we have focused on heavily

this season and though there have been improvements we still have a ways to go. Overall, I have seen better play in the passing game and the ability to cover much of the floor. Not having a large presence on the front line does put us at a disadvantage but senior Matt Philbrick has been holding his own and has led the team in kills and blocks.

Our vocal leader and one of the setters is senior Charlie Almeida. Charlie's knowledge of the game has improved drastically and has shown leadership on the floor. Our other senior is Nishon Radhakrishnan, perhaps our best overall athlete. Though lacking in size he brings a fiery approach to the game and has sparked the team on numerous occasions.

Rounding out the squad are juniors and third year varsity player Thomas Andrews who plays back row, setter/right hitter Stephen Jordan, setter/right hitter Michael VanSickle, sophomore right blocker David Mazerall, left outside hitter Pete Janson who has played consistently well all around and freshman left hitter Zack Simmonds.

Steven Jordan serving. September 15 - SHS Boy's volleyball hosted Coe-Brown and won the best of five match 3-1 (25-16, 25-14, 18-25, 25-19). Matt Philbrick had a great match, totalling 11 kills.



SaberScoreboard

Bobcat Cross Country Invitational

Saber Girls Race to 4th Place Finish

The Souhegan Girls Varsity Cross Country Team, finished 4th out of 16 teams at the Bobcat Invitational on Saturday! Coe Brown High School took first place honors with 40 points, followed by Merrimack Valley with 83. The host Oyster River Bobcats edged the Sabers 103 to 105. The Saber Girls were led by sophomore Csilla Vamos, who finished 6th in the field of over 100 runners. Csilla's 20:35 clocking for the 5k course also earned her an award for being the fastest sophomore girl at the meet! Souhegan's 6 other varsity runners crossed the line in a 27 second span. That pack was led by freshman Jamie Wallisch (23rd, 21:47), followed by sophomores Rachel Springman (25th, 21:50) and Liz Sanchez (27th, 22:05), along with seniors Marissa Ashcraft (28th, 22:06), Hillary Wilson (30th, 22:10), and Molly Mirhashem (31st, 22:14).

Saber JV Girls Win

The Souhegan JV girls took 5 of the top 8 spots in a field of over 100 runners as they raced to victory at the Bobcat Invitational with 22 points! Coe Brown finished second with 38. The Sabers were led by the overall winner freshman Pia Marciano who flew through the 5k course in 22:26! Angela Blume (2nd, 22:57), Megan Lynch (4th, 23:03), Kaitlyn Maloney (7th, 23:34), and Jordan Springman (8th, 23:34) all had outstanding races for the Sabers! Also running well and scoring for Souhegan were Christina Clemence (23rd, 24:57) and Emily Ballentyne (24th, 24:58).

Saber Boys Race to 9th

The young Souhegan Boys Varsity Cross Country Team continues to improve, as they raced to a 9th place finish out of a field of 19 teams at the Bobcat Invitational in Durham with a score of 262 points. Coe Brown won the race with 50 points. It was a great team effort for the Sabers who sported 3 freshmen and a sophomore in their top 5! Souhegan was led by freshman Tanner Kent who covered the 5k course in 18:33, good for 36th place in the field of 132 finishers. The next 5 finishers for the Sabers also ran well and finished within a 27 second span. This pack was led by Bert DeForest (53rd, 19:04), Jason Bender (56th, 19:07), Anthony Caruso (59th, 19:10), Ryan Hinrichs (66th, 19:32), and Matt Osborn (67th, 19:33). Hunter King (77th, 19:52) rounded out the scoring for the Souhegan varsity seven.

Saver JV Boys Finish 4th

The Souhegan JV Boys team raced to a 4th place finish in the field of 12 teams (157 runners) at Oyster River with a team score of 113 points. Nick Murphy led a trio of Sabers across the line in 13th place with a time of 19:56. Nick was followed by Dan Astbury (16th, 19:59) and Matt Chareth (18th, 20:07). Strong performances were also turned in by Sam Lowell, Tyler Raab, Alex Hodson, Grant Raymond, and Jim Velino, all of whom factored into the team scoring.

Souhegan Golf Results

On September 9, 2009 the Souhegan JV Golf Team hosted a Quad-Meet at Ponemah Green in Amherst. Con-Val HS placed first with a total team score of 178. Souhegan HS placed second with a score of 183 ahead of Pelham HS and Monadnock Regional HS.

Souhegan's Alex Fogelgren was medalist for the meet with a score of 42.



Margeaux Cannon and Jackie Jones take a breather from recent action.

BILL DOD PHOTO

Sabers Lose 3 to 1 in Girls' Volleyball

The Souhegan Sabers girls' volleyball team lost 3 games to 1 against the Bedford Bulldogs. The loss dropped the Sabers over all record to 2 wins and 3 defeats. After winning the opening game 25-23, the Sabers lost two seat squirmers ... 25-23, 25-23 and 25-17. Isabella Stupois net play led the Sabers.

SAINTS BASEBALL Tryouts

The Souhegan Valley Saints AAU baseball club will be holding tryouts for its 2010 13U and 15U teams on Sept. 27 from 5-7pm at the MCAA Kaley Field in Milford. For more information go to our website at www.SVSaints.com, email us at info@SVSaints.com, or call Tim at 490-9377.

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