

SportsFolio

Crotched Mountain Junior Race Team Competed In First Race Of Season

BENNINGTON – The Crotched Mountain Junior Race Team hosted their first home ski meet of the season, the John Eneguess Memorial Race, on December 27 with over 215 racers from all over New England, competing in a giant slalom race. The fourth annual ski race was named for Peterborough's World Cup Racer & 1980 Olympic skier, John Eneguess.

The Crotched Mountain team did very well earning 18 awards for placing in the top ten with many more teammates in the top 20th. John Eneguess' brother, Sandy Eneguess, was on hand to present awards in his brother's honor.

Despite rain, the course held up well for the event, which is a testament to the mountains great snowmaking and grooming ability. Athletes had to contend with rain and fog but that didn't slow down the overall times which were generally impressive.

The Girl's J4 division (11-12 years olds) Crotched Mountain swept the top five places with Jammie Mascitti from Rindge leading the way with two



PHOTOS BY KATHLEEN HUMPHREYS

Sandy Eneguess poses with award winners from the Crotched Mountain Junior Race Team at the 4th Annual John Eneguess Memorial Race. Front Row Left to Right: Ericka Wentz, Sarah Tyler, Kaitlyn Laurendeau, Andrew Taylor, Ashley Humphreys, Collin Titus and Eli Tamok. Back Row Left to Right: Sandy Eneguess, Jessie Mascitti, Alana Barretto, Anna Farrow, Jammie Mascitti, Rhiannon Allison, R.J. Humphreys, Ben Wescott, Luke Martin, Joe Dorow and Bryce Laurendeau. Missing from photo: Cameron Robertson and Laura Costes.

time of 1:34.23 after an impressive second run. Nashua's Erika Wentz earned a 7th place medal with a time of 1:43.52, Kaitlyn Laurendeau, Bedford, had a time of 1:44.82 to pick up 8th place, Bennington's Sarah Tyler placed 10th (1:48.08) and Whitney Fitzgerald placed 16th.

Coach Ray Humphreys' J5 Boys continued a strong Crotched Mountain performance with Bryce Laurendeau of Bedford picking up a third place trophy after two strong runs for a combined time of 1:28.84 followed by teammate Eli Tamok from Frankestown in 4th (1:29.84), and Luke Martin of Hollis earned a 10th place medal (1:34.13).

Antrim's Aidan Alusic-Bingham placed 15th, Dublin's Rowen Ainslie placed 20th and Jack Ede of Amherst placed 22nd all three boys competed in their first J5 race and are coached by Ericka Alusic-Bingham.

Laura Costes of Bedford lead the way in the Girl's J3 race (13-14 year olds) by earning a 10th place medal with a time of 1:33.67 coached by Steve McClallen while teammates Martina Mascice of Peterborough placed 14th, Maggie Zavgren placed 20th and Madison Grant-Nearby, both from Wilton, placed 21st and former teammate



Anna Farrow – 2nd Girls J4 from Amherst

impressive runs for a combined time of 1:25.40, Amherst's Anna Farrow placed 2nd with a combined time of 1:28.25, Jessie Mascitti in third (1:28.55), Rhiannon Allison, Mt. Vernon, took 4th with a time of 1:29.79 while Alana Barretto of Amherst placed 5th (1:30.38) to finish off a top five finish for the strong Crotched Mountain girl's squad.

Also competing in the J4 race were Maura Rapposelli of Peterborough in 14th, Amherst's Rhiannon King placed 18th, Adaline Catlin of Dublin and Kate Bermingham from Amherst competed in their first ski race to place 19th and 25th respectively and Amber Lee Carroll from Hudson placed 25th in a very competitive field. Coach Drew Craig was pleased with his racers.

In the Boy's J4 division, top local award went to R.J. Humphreys of Lyndeborough with a combined time of 1:28.31 to win 7th place, Mont Vernon duo Collin Titus came in 8th with a time of 1:34.33 and Cameron Robertson picked up a 10th place medal (1:36.76). Kyle Grant-Nearby from Wilton placed 12th, Vincent Dorow of Bedford placed 16 and teammate Micah Wagman of Amherst placed 17th and Duncan Holden DSQed after he lost his ski.

The Girl's J5 team (ages 8-10) picked up four more awards with Ashley Humphreys of Lyndeborough earning a second place trophy with a



Rhiannon Allison – 4th Girls J4 from Mont Vernon



Alana Barretto – 5th Girls J4 from Amherst

Brody Johnson of Amherst placed 22nd.

The Boy's J3 race, Joe Dorow from Bedford earned a 9th place medal with a combined time of 1:26.67, Amherst duo Trevor Brown placed 11th (1:28.47) and Nathan Wagman placed 19th (1:44.14) while former teammate Ben Wescott of Frankestown earned a third place trophy (1:23.54).

In the Boy's J6 race (7 and under) Andrew Taylor from Amherst competed in his first ski race to earn first place with a combined time of 2:12.76.

The Crotched Mountain Race Team will host the Buddy Warner Qualifier race on February 7.

SHS Nordic Ski Team

NH Coaches Series 5K Classic



Katherine Benoit

17:09), and Matt Benoit (114th, 18:19).

Jason Bender had an excellent race to finish second (17:23) in the Boys B race. Cooper Flanders (44th, 21:43), Keller Nunley (51st, 22:37), and Conor Schultz (70th, 26:45) also had a strong races.

Rachel Springmann and Marissa Ashcraft were the top finishers for the Sabers in the Girls A race, placing 47th (19:02) and 50th (19:10) respectively. Megan Lynch (64th, 20:10), Christina Clemence (85th, 21:08), and Jordan Springmann (86th, 21:10) also skied well for the team.

Souhegan had an excellent effort in the Girls B race, placing two racers in the top 10. Pia Marciano finished 6th (21:29), with Katherine Benoit following right behind for 7th (21:31). Also competing well for the team were Ryleigh Mullens (42nd, 24:07) and Abigail Anson (59th, 25:35).

The Sabers will travel to White Mt. Regional High School in Whitefield on 1/30 for a 5K Skate Race, the second race in the New Hampshire Coaches Series. The combined results from the New Hampshire Coaches Series races are used to determine the members of New Hampshire's elite statewide teams: The Eastern High School Championship team, which is composed of the top 24 boys and top 24 girls high school skiers in New Hampshire; and the J2 team, which includes the top 20 boys and top 20 girls aged 14 & 15 (as of Jan. 1, 2010). Based on the results from today's race, Nick Murphy and Anthony Caruso are in contention for the Eastern team. Jack Chapman, Jason Bender, Rachel Springmann, and Megan Lynch are in contention for the J2 team.

The Souhegan Boys and Girls Nordic Ski teams competed in the New Hampshire Coaches Series 5K Classic Style Race on Saturday, 1/09/10, at Whitaker Woods in North Conway. The race included teams from all NH public school divisions, along with teams from private schools and ski associations throughout the state. The Boys A team finished 3rd out of 21 teams, with a 1st place finish within their division. The Girls A team finished 10th out of 19 teams, with a 3rd place finish within their division. In a highly competitive race at the top, Nick Murphy had an outstanding race to finish 5th (13:27) out of 151 competitors in the Boys A race. Also skiing well for the Sabers were Anthony Caruso (22nd, 14:52), Sam Lowell (43rd, 15:34), Brant Mullens (59th, 16:15), Jack Chapman (63rd, 16:23), Alex Rodd (77th, 16:59), Sean Lynch (82nd,

SHS Alpine Ski Team

Girls Alpine Ski Team Takes First in Slalom Event



Souhegan Team Member Torey Brooks

SOUHEGAN – January 7, 2010 – The Souhegan Sabers competed in a six-team Slalom meet at Crotched Mountain today. For the second meet in a row, the Sabers edged out Oyster River for first place team honors. Souhegan finished with 381 points and Oyster River scored 378 points. Bedford came in third with 360 points. Individually, the top finishers for the girls were Torey Brooks who came in second place overall, Evelyn French (third), Nena Bliss (eighth) and Mary Leger

(10th). The Souhegan boys finished fourth, with 350 points, behind Hollis-Brookline (354 points), Oyster River (367 points) and Bedford (374 points). Individually, the top finishers for the Sabers boys were Matt Comstock (seventh place), John Cici (14th place), Stephen Roberge (20th) and Scott Doyle (22nd). Milford team member Ben Lambert, who trains with Souhegan, took second place.

SaberScoreboard

SHS Boys Basketball



3rd Team Takes First Place in Holiday Tournament

The Souhegan boys basketball 3rd team played in the first annual Windham High School Christmas Tournament over the holiday break. The SHS boys earned first place in the 4 team tournament by defeating the Bedford Bulldogs in game one and the Portsmouth Clippers in the championship game. In game one against Bedford, the Sabers, although shaky at times on the offensive end, were able to step up their defense, led by freshman captain Tanner Kent to hold the Bulldogs to only 39 points. Kent was also the high scorer along with freshman Josh Eichel leading the Sabers with 7 points. The Saber attack was well balanced with all but one of the players on the roster scoring. Souhegan held off the late charge of the Bulldogs to earn their place in the championship game with a 43 to 39 victory. In the champion-

ship game against Portsmouth, the Sabers set and early tone by stunning the Clippers with their full court man to man press and jumping out to a 19 to 5 first quarter lead. Souhegan played solid basketball for the remainder of the game with a well balanced defensive and offensive attack. All but two players on the roster registered points with Sophomore David Mazerall leading the Sabers with 13 points and 13 rebounds. Sophomore captain James Sheldon, who scored 7 of the 19 first quarter points ended the game with 11 followed by the other sophomore captain Kevin Hutchinson with 9. Sophomore Tony Barksdale had a convincing 8 rebounds in the second half along with the hustle and hard-nosed play of freshman Matt Protzmann to help the Sabers hold onto their lead and win the championship with a 56 to 42 victory.

2009 Holiday Basketball Tournament

Hosted by Keene State College

KEENE, N.H. (12/29/09) - On the final day of the 2009 Cheshire Tire/Ted's Shoe & Sport Holiday Basketball Tournament, Milford beat Souhegan by a final score of 64-47 on December 29 in Spaulding Gymnasium.

The Spartans quickly led in the contest, and went up by as many as 19 points. The first half difference was points in the paint, where Milford scored 28 points and holding the Sabers to just 10.

Souhegan's D.J. Petropoulos had six points on 50% shooting (3-6) and three rebounds. Seth Cordts had five points and went three-of-three from the free throw line.

In the fourth quarter, Souhegan would climb back to make it a 12 point game. Devin Gilligan scored a team high 12 points and shot two-of-three from three point range. Cordts finished the game with 10 points and was perfect from the line (3-3).

KEENE, N.H. (12/28/09) - On day two of the Holiday Basketball Tournament, Conant defeated Souhegan 70 to 61. The Sabers were hurt by shooting just seven-of-sixteen (43%) from the line, while the Orioles shot 24-of-26 (92%).

The first half was an up and down game, seeing a Conant six point lead diminish to one, but then regained and brought up to as many as 11 to end the half.

The Sabers saw three-of-five shooting from Sam Protzmann for six points to give him the team high. Protzmann and Ryan Redmond led the team with four rebounds each.

Midway into the third quarter, Conant's 15 point lead was the largest of the game. The lead would be cut to eight at the end of the period when Souhegan's Jack Nelson drilled a three at the top of the key as time expired. The Sabers would take the momentum with them into the fourth quarter and just a minute in Nelson hit another three to cut the lead to three at 52-49. The lead would stay at no more than five, until 1:27 when Jimmy Peard of the Orioles hit two free throws to extend the lead to seven. With 14 ticks left on the clock, Peard went back to the line and hit another pair of free throws which would be the dagger in the side of the Sabers.

The Orioles were led by Peard who finished the game with 24 points and eight rebounds. Sean Martin was second on the team in scoring with 18 points and was five-of-five from the charity stripe.

For the Sabers, Seth Cordts had 15 points, while Protzmann contributed 10 points and seven rebounds. David Gilligan added 17 points on eight-of-fourteen shooting.

Conant will meet Lebanon on December 29 at 8:30 P.M. for the championship, and Souhegan will face off against Milford at 4:00 P.M. at Spaulding Gymnasium.

KEENE, N.H. (12/27/09) - On day one of the 2009 Cheshire Tire/Ted's Shoe & Sport Holiday Basketball Tournament, Souhegan toppled Monadnock by a score of 61-36.

Souhegan was paced by senior forward D.J. Petropulos and his 15 points on five-of-eight shooting from the field and five-of-seven from the charity stripe. Sophomore Devin Gilligan and junior Wes Crowell each pitched in with 11 points. Junior forward Nick Hession pulled down a team high five caroms.

Tournament Central Scores, schedule updates, and final boxscores, can be found at: www.keeneowls.com/sports/mbkb/2009-10/Holiday_Tournament/Holiday_Tournament_Schedule.

Souhegan Indoor Track Results

JANUARY 10

The Souhegan boys' track and field team riding a school record performance by the 4 by 160 meter relay team earned third place at the weekly meet at UNH. Competing with mostly Class L schools, the Saber boys' team scored 40 points, behind 59 for Winnacunnet and 45 for Londonderry, but ahead of Alvirne, Spaulding, Dover, Milford, Trinity, and Goffstown. Mike Peret and Chris Chiniis again led the way for the Sabers. Mike was first in both the 55 meter dash(6.6) and the high jump(6' 2"). Chris was second in the long jump(19'), and teamed up with Mike, Parker Hall, and Dennis Elverson for a first in the 4 by 160 relay smashing the old school record by a full second. They also had help from others.. Aaron Prescott earned fourth place points in the 600 meters(1:33.5) and the 4 by 400 relay team of Aaron, Nathan Kittredge, Bert DeForest, and Grant Raymond finished third(3:58.9).

The Souhegan girls' team earned fourth place(35) behind Londonderry(78), Winnacunnet(58), and Alvirne(54), but in front of Trinity, Milford, Spaulding, Dover, and Goffstown. The sole first place for the Saber girls was Isabella Stuopis who threw a personal best of 33' 9 3/4" in the shot to win by over a foot in the competition. Other points were scored by Hillary Wilson, second in the 1000 meters(3:17.2), Kelsey Knight, third in the 55 meter hurdles(9.3), fourth places by Jade Humphreys in the 300 meters(46.4) and Molly Mirhashem in the 600 meters(1:54.7). Laura Tebbetts added a point with a sixth place effort in the 55 meter dash(7.8), and her teammate Angela Blume also was sixth in the 600 meters(1:55.2). Both relays earned fourth place points. The 4 by 400 team of Molly, Angela, Arienne Bennett, and Hillary ran 4:49.4, and the 4 by 160 team of Kelsey, Jade, Laura, and Andrea Griffin ran their best time of the season, 1:34.4.