

Town News

AMHERST TOWN LIBRARY

Amy Lapointe, Library Director
14 Main St., Amherst NH
Phone 673-2288 Fax 672-6063
email: library@amherst.lib.nh.us
web http://www.amherst.lib.nh.us
SUMMER HOURS
Mon- Thurs: 9:30am - 8:30pm
Fri: 9:30am - 5:00pm
Sat: 9:30am - 12:30pm
Sunday: CLOSED

Toddler Time

Tuesdays
10:00 AM to 10:30 AM
Johnson Meeting Rm

For our 2 and 3 year olds who are just beginning to discover the joy of books and stories! We mix it up with simple rhymes, songs, and puppets to appeal to a toddler's attention span. Each session concludes with a simple craft for the caregiver and child to create together. Come and join us, we have lots of fun!

Book Bunch

Wednesday
1:00 PM to 1:45 PM
Johnson Meeting Rm
Thursday
10:00 AM to 10:45 AM
Johnson Meeting Rm

For ages 3-6. Books, rhymes and songs for the preschool-kindergarten set. At the conclusion of each session, caretakers are invited to come in and assist their children with a simple craft

Baby Listeners

Friday
10:30 AM to 11:00 AM
Johnson Meeting Rm

A lapsit story hour for ages birth-24 months with parents/caregivers present. Our 'baby' group meets on Friday mornings and offers an opportunity for babies and their caregivers to gather for rhymes, songs and puppets. Emphasis is on traditional rhymes that reinforce language patterns and provide for parent/child interaction. A simple book intended for this age is generally



Coupon Saving and Beyond

Tuesday September 20
6:30 PM to 8:30 PM
Johnson Meeting Rm

Part of our 'September Savings' series of library programs for adults, Coupon Queen Julie Koitzsch presents everything you wanted to know about coupons and how to make them work for you!

Nourishing Traditions

Saturday September 24
12:30 PM to 4:00 PM
Johnson Meeting Rm

Open to all, Nourishing Traditions Meetings are informal, interactive and focused on nutrient-dense foods, cooking techniques and resources. We are the Amherst-Nashua Chapter and the first chapter of the non-profit Weston A. Price Foundation. The WAPF has over 1000 chapters and supports movements that contribute to restoring nutrient-dense foods to the American diet including accurate nutrition instruction, organic and biodynamic farming, pasture-feeding of livestock, community-supported farms, honest and informative labeling, prepared parenting and nurturing therapies.

'Soup-erb' Soups with Chef Elizabeth Skipper

Tuesday September 27
7:00 PM to 8:30 PM
Johnson Meeting Rm

Soup-making is an art that should not be lost. In an era where canned, dried, and prepared foods abound, still nothering tastes like homemade. Soup is versatile, nutritious, delicious, and easy on the budget. This will be a mini-tutorial on making soups from scratch, beginning with stocks and broths. Chef Elizabeth Skipper will explain the different kinds of soup, talking about how and why making it at home saves both time and money, and provide 'templates' for soup-making. She will make chicken broth and a French carrot soup for sampling.

St. Joseph Hospital Announces Closure of Granite State Mediquip and Rockingham Ambulance

NASHUA –St. Joseph Hospital announced the closing of two subsidiary companies, Rockingham Regional Ambulance, Inc., and Granite State Mediquip, Inc. The closing of both companies will be effective September 30.

"The actions of our elected officials in passing a budget that puts all hospital systems in New Hampshire at risk have forced St. Joseph Hospital to make painful choices. The announcement of the closings of Rockingham Regional Ambulance and Granite State Mediquip is the first of a series that we expect to announce in the coming weeks," stated David Ross, the CEO of St. Joseph Hospital and President of both subsidiar-

ies. "Both companies have provided outstanding services to the greater Nashua community and many communities throughout the state for many years. It is truly the end of an era."

For more than 30 years, Rockingham Ambulance has been New Hampshire's largest emergency 9-1-1 provider, serving the communities of Nashua, Manchester, and Candia. Granite State Mediquip is a medical equipment company providing home medical equipment and respiratory therapy to residents in southern New Hampshire and northern Massachusetts for more than 15 years. The closure of both companies affects 174 employees.

Both Rockingham Ambulance and Granite State Mediquip will continue to provide services uninterrupted through September 30, 2011. Both companies are committed to working with other vendors as appropriate to transition services as smoothly as possible.

"The St. Joseph Healthcare family is smaller today because of the decisions we were forced to make. I express my deepest thanks and appreciation to the Rockingham Regional Ambulance and Granite State Mediquip team members for their many years of dedication and service," stated David Ross, CEO.

About St. Joseph Hospital

It's About Conservation

Where To Next?

By BRUCE B. BECKLEY
CONTRIBUTING WRITER



In no rush, we pointed our kayaks out onto the quiet waters of the Nashua River, away from the Groton CC landing at the site of a former paper mill on Route 119. The river flows almost imperceptibly between protected wooded shores, broken occasionally by a meadow or entrance to a secluded bayou. Cows watched and osprey, herons and little peeps shuffled their perches as we passed by. Swans paused in their dabbling to let us slip on.

Although there is surprisingly little purple loosestrife along the shores, the far more stream-choking water chestnut blankets hundreds of acres of the shallow water away from the main channel. Recently we read of New Hampshire's efforts to eradicate this Oriental invasive from the Merrimack River. The Nashua River is a seedbed feeding the Merrimack. Nothing can make it clearer why washing off the hulls of boats, including kayaks, before launching in another water body is so important than a day surrounded by this invasive.

The next days we went north to paddle the watercourse two miles up McDaniels Marsh in Springfield, NH. On these waters, controlled and protected by the NH Fish & Game Department, the native pickerel weed was in full bloom, spreading its brilliant blue. So many bumble bees were collecting pollen that

the hum over the marsh mimicked distant traffic. Traffic was indeed distant as we explored inlets with Croydon Mountain and Prescott Hill forming the horizon. During each day's retreat we met only a few other kayakers, allowing us to fully enjoy the seclusion of land and water protected by other foresighted people.

Meanwhile, returning to the life-goes-on reality of July Fourth on the Green, we were asked by several people who stopped to chat at the ACC booth, "What's doing? Is anything going forward to preserve more natural open spaces?" We had to answer, "Unfortunately, No." The reality is: 1) the ACC has very little where-with-all in its coffers to make a deal and 2) there are very few landowners coming forward with the desire to see their land permanently protected.

*This is my song, O God of all nations,
a song of peace for land afar and mine.
This is my home, the country where my heart is, here are my hopes,
my dreams, my holy shrine;
but other hearts in other lands are beating
with hopes and dreams as true as mine.
My country's skies are bluer than the ocean,
and sunlight beams on cloverleaf and pine;
but other lands have sunlight too,
and clover and skies are everywhere as blue as mine.
O hear my song, O God of all the nations,
a song of peace for their land and mine.
And so it is with kayaks and conservation – Where to next?*



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Pssst.... coming in September

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