

SportsFolio

Field Hockey Quarter Finals:

Souhegan Downs #1 Seed Lebanon

Lebanon came into the game as the #1 seed and a 14-0 record in which they had allowed their opponents to score only 2 goals all season. The Souhegan Sabers fought back from a 1-0 deficit to tie it at 1-1 and then fell behind 3-1 with 13:36 to go in the game.

They proceeded to score three goals in the next four minutes and twenty-two seconds to take a 4-3 lead and held on for the upset.

Ryleigh Mullens controls the ball in recent play.



Souhegan Field Hockey Team Shuts Down Plymouth

The number eight seeded Souhegan High School Field Hockey team shut down the number eight Plymouth High School squad 3 to 0. The Saber offense was led by the two goal performance of senior Elizabeth Callahan and sophomore Marina Lipson goal.

Junior goalie Morgan Chamberlain registered a shut out in the team victory.

This win put the Sabers (10 wins and five losses) in the quarter finals of the Division II play-offs. Souhegan then went on to defeat number one ranked and undefeated (15-0) Lebanon Sunday.



SHS vs Kearsarge Turns Up a Win in Season Final

The Souhegan Girls' Field Hockey team ended their regular season with a 4-0 victory over the Kearsarge Regional Cougars. The win placed the Sabers in line for a home field advantage in the first round of the Division II tournament.

Madison King passes the ball downfield in a recent win over the Kearsarge Cougars

SOUHEGAN SPORTS PHOTOS COURTESY BILL DOD

SaberScoreboard

Souhegan XC vs Con-Val - Tuesday 10/11

Souhegan Girls Race to Victory over Con-Val

The Saber Girls placed 7 runners in the top 10, as their depth proved to much for the visitors, as they won by a score of 20 to 41! Con-Val's Courtney Fisher was the individual winner in 21:21, but following her was a sea of black and gold as the Sabers took the next 6 places! Melissa Paladino led the way for Souhegan (2nd, 22:25) just ahead of Rachel Springmann (3rd) who also finished in 22:25, and then Angela Blume (4th, 22:43), Jamie Freud (5th, 23:00), Hannah Culver (6th, 23:18), and Emily Ballantyne (7th, 23:46). Jordan Springmann (10th, 24:31) also scored for Souhegan.

Saber Boys Top Con-Val at Home Meet

The Souhegan High School Boys Cross Country Team took the top 5 places en-route to a commanding 15-43 victory over visiting Con-Val! Leading the way for the Sabers was Eli Moskowitz as he turned in a speedy 18:14 clocking over the 5K course! Brett Quinn was next across the line (2nd, 18:27), followed by Ben Platt (3rd, 18:58), Mike Casey (4th, 19:06), and Dan Astbury (5th, 19:21). Tas Vamos (9th, 20:23) and Jim Velino (11th, 20:47) also ran well and rounded out the top 7 for Souhegan.

Sabers Golf Finishes Season

Souhegan Varsity Golf Team finishes 3rd in the NHIAA Div. II State Golf Meet

The Souhegan Varsity Golf Team recently completed their season with a third place finish at the NHIAA Division II State Golf Championships held at Canterbury Woods Country Club in Canterbury, New Hampshire. The team finished the tournament with 422 strokes, which tied them with Lebanon for third place, 19 strokes in back of Hanover, which won the Championship.

The team was led by Seniors Chase Dembiskey and Ben Peterson, whose individual performances qualified them for the NHIAA Individual Championships. In the individual portion of the tournament Chase Dembiskey finished in fourth place with 149 strokes, only three strokes behind New Hampshire State Champion Nick Fairweather of Windham. Ben Peterson finished the individual tournament tied for tenth place with 161 strokes.

Saber Sports Events This Week:

WEDNESDAY - Girls Soccer (#1 seed) at home at 3PM vs Coe-Brown
 THURSDAY - Boys Soccer (#8 seed) at home at 3PM vs Oyster River
 THURSDAY - Girls Volleyball (#12 seed) at Bedford at 6PM
 THURSDAY - Field Hockey at Exeter at 7PM vs Merrimack Valley
 SATURDAY - Cross Country Division 2 Championships for Boys & Girls at Derryfield Park in Manchester - Girls run at 11:30 and boys run at 12:10

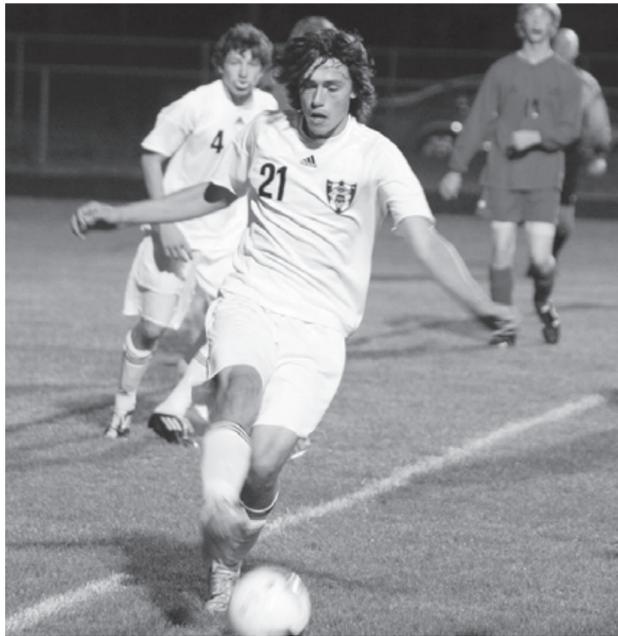
Other Souhegan Events:

WEDNESDAY - Math Team at Keene
 FRIDAY - Football at Pelham - their playoff hopes are still alive
 NOVEMBER 6 - Cheerleaders compete in states at SNHU

XC Wrapup - JV Teams

The JV Cross Country teams competed in the JV States last Thursday. The girls had their first five runners finish in the top 11 and the team finished 2nd in the state, losing out to Coe-Brown by a score of 27 to 36 - (FYI low score wins in cross country). The boys had their first five runners place 1st, 2nd, 3rd, 5th & 6th to win the state title over second place Oyster River 17 to 56.

Souhegan Boys' Soccer Team Defeats Trinity Pioneers



Andrew Coates controls the ball.

The Souhegan Boys' Soccer team defeated the Pioneers of Trinity High School (Manchester) by the score of 4 to 0. The victory upped the Sabers record to 8 wins and 6 losses with two games remaining in the regular season.

Goalie Brandon Dix registered the shut out with six saves in net.

The Sabers scored two goals in each half. Neil O'Rourke (senior) and Andy Coates (junior) scored first half goals. In the second half, Mike Hayden (sophomore) and Neil O'Rourke scored goals. Registering assists were Benjamin Pham (junior), Ryan Peterson (junior) and James Sheldon (senior)

Souhegan Girls' Soccer Defeats Milford 4 to 1

The Souhegan Sabers Girls' defeated the Milford Spartans 4 to 1. The victory upped the Sabers record to 14 wins and 2 losses and secures the top seed in the upcoming Division II tournament.

Junior Agnes Chretien and senior Caroline Stone each scored a pair of goals for the Sabers. Sophomores Peyton Kent and Madison Learned provided assists on the goals.

Sophomore Mikaela Sullivan registered nine assists in the victory. She had outstanding defensive help from senior Shelby Belak, junior Sara Christensen and sophomore Alexandra Clark.



Agnes Chretien (#15 junior)



Goalie (sophomore) Mikaela Sullivan

Souhegan Girls' Drop Over Time Contest To Hanover

The Souhegan Sabers girls' soccer team lost to Division II opponent Hanover 3 to 2 in the second over time period. Both teams came into the game with only one loss. The Souhegan record is now 10 wins and 2 losses while the Hanover Marauders are 8 wins, 1 loss and a tie.

Senior Caroline Stone scored twice for Souhegan ... the first save

Souhegan a 1-0 lead at the 17 minute mark while the second goal moved Souhegan in front again by a 2 to 1 score. Sophomores Peyton Kent and Madison Learned each assisted on one of Caroline Stone's goals.

Sophomore goalie Mikaela Sullivan had 13 saves for the Souhegan Sabers.



Tyler Ford punts in recent win over Con-Val

Souhegan Varsity Football

Sabers Defeats Con-Val

The Souhegan football team kept the 16 year play-off streak alive with a 46 - 2 victory over the Con-Val Cougars of Peterborough. With two regular season games left, both on the road, against Pelham and Bedford.

The Souhegan offensive side of the ball played well putting 46 points on the scoreboard. The team was led by quarterback Robby McCormick - who threw for four touchdowns. Tim Beliveau caught two touchdowns, including a fifty yard bomb.

Sabers Triumph Over Milford

The Souhegan Sabers football team defeated the Milford Spartans 35 to 24. The win put the Souhegan record at 2 wins and 3 losses in Division III with three regular season games remaining.

The Saber defense was instrumental in the team victory as the defense caused three Milford fumbles and intercepted a pass.

On offense, Robby McCormick threw for 222 yard (11-13) and four touchdown passes. Tim Beliveau caught three touchdown receptions for 81 yards. Chris Chininis ran for one touchdown (3 rushing attempts for 19 yards) and caught a touchdown pass (3 receptions for 73 yards)



Incoming... Seth Learned is airborne against Milford.