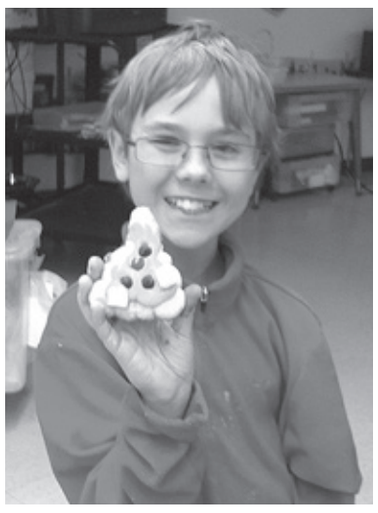
# Schools



David Pieper

Ethan Boucher

## Amherst Recreation Introduces New Kitchen Program

### Mixing it Up in the Kitchen

On Wednesday, December 18th, eight eager middle-schoolers participated in the first program in Amherst Recreation's new Mixing it up in the Kitchen series, Holiday Cookies. Students mixed, cut out, baked, decorated and of course, ate deliciously frosted cookies!

Amherst Recreation is excited to welcome a new instructor, Brandee Wilson, a self-proclaimed kitchen enthusiast and mother of three. "I have encouraged my children's interest in cooking and baking since they were small. We always have fun with the creating and even more satisfaction with the eating!"

Brandee's focus is to give middle school children a positive experience and build their kitchen skills to a point that they will be able to open the refrigerator and create a satisfying and delicious meal for themselves and their families.

She will be bringing a variety of monthly classes to Amherst Middle School. Some classes will focus on baked goods and desserts, while others will cover main dishes, sides and salads.

#### January- Panini Sandwiches

Is there anything better on a cold winter day than a hot, cheesy sandwich with some crunch??? Kids will learn how to make a Panini with sourdough bread, ham or turkey, and choice of American or Provolone cheese. A few optional ingredients, such as tomatoes and spinach, will be available. Have these ingredients on-hand at home, and maybe they will make you one!

**When: Friday, 1/31 2:35-4:00PM**
**Fee: $20 Amherst Resident; $30 Nonresident**

#### February- Valentine Cupcakes

Nothing says love like something handmade! Students will bake a dozen vanilla cupcakes and have options of vanilla or chocolate frosting. Special decoration options will be available.

**When: Friday, 2/14 2:35-4:00PM**
**Fee: $20 Amherst Resident; $30 Nonresident**

## *Students in the News*

### Area Residents Named to Deans List at Providence College

PROVIDENCE, RI - The following area residents have been named to the Dean's List at Providence College for the Fall 2013 semester:

Graham Cox of Mont Vernon and a member of the class of 2016.

Shannon O'Mara of Amherst and a member of the class of 2016.

### Students Named to Colby-Sawyer Fall Dean's List

NEW LONDON - Colby-Sawyer College recognizes students for outstanding academic achievement during the 2013 fall semester. To qualify for the Dean's List, students must achieve a grade-point average of 3.50 or higher on a 4.0 scale while carrying a minimum of 12 credit hours in graded courses.

Nicholas Chouramanis of Mont Vernon, a Exercise Science major and member of the class of 2017.

Jane Martina of Amherst, a History and Political Studies major and member of the class of 2017.

### Saint Michael's College Students, Study Abroad For Spring 2014 Semester

COLCHESTER, VT - The following Saint Michael's College students are studying abroad for the spring 2014 semester:

Merrill Poor, daughter of Margaret and Roger Poor of Mont Vernon, is studying abroad in Galway, Ireland,. Poor, a junior psychology major graduated from Souhegan High School before coming to Saint Michael's, a USNews top-100 liberal arts college.

### Peter Dykeman-Bermingham named to Worcester Academy Honor Roll

WORCESTER, MA - Worcester Academy proudly announces the Honor Roll and Headmaster's List for the First Trimester of the 2013-2014 School Year. The honor represents the achievements that each student has earned through academic excellence, challenge, and personal growth.

Among the students is Peter Dykeman-Bermingham of Nashua, Class of 2014, who was named to the Honor Roll.

### Local Students Named to KSC Dean's List

KEENE - Keene State College has released the Dean's List for the fall semester 2013. Among the 1,498 students named to the Dean's List are:

**AMHERST:** Holly Bourassa, Evelyn Cauchon, Jessica Corkery, Katelyn DeLuca, Michael DeMarco, Alex Green, Sara LaFleur, Brandon Leedberg, Julia Marrone, Allison Mensh, Shannon Nugent, Emily Payrits, Katelyn Shaw, Alexandra Silva, Katarina Silva and Christan Wojtas
**MONT VERNON:** Sara DeWitt and Colin Raaberg

The Dean's List designation is bestowed to those Keene State College undergraduates enrolled in a degree program who have completed a minimum of six credit hours in the semester, receiving no failing or incomplete grades. A 3.5 or higher grade point average on a 4.0 scale is required to earn the Dean's List honor.

### Stonehill Announces Athletic Director's Honor Roll

EASTON, Mass.– Stonehill College has announced its Athletic Director's Honor Roll for the Fall 2013 semester. A total of 205 student-athletes representing each of Stonehill's 20 intercollegiate athletic programs were recognized for earning a semester grade point average of 3.20 or better. Five student-athletes posted a perfect 4.0 GPA last semester, including sophomore infielder Alison Sumski (Amherst/Souhegan) from the softball team.

### Sarah Regan Named to Fall Honor Roll Loomis Chaffee

WINDSOR, CT - Sarah Regan, a senior from Amherst has been named to the High Honor Roll for the Fall Term at The Loomis Chaffee School.

## College Consulting Firm Opens Office on Route 101

Bedford College Consulting LLC, a local college counseling firm that specializes in helping students successfully navigate the college applications and admissions process, has moved to a new office location at the Bedford Village Shoppes on Route 101 in Bedford. According to Joan Buchanan, Bedford College Consulting founder, the company's goal is to offer individualized advice and guidance to students as they start the college application process.

Buchanan stresses that the college admissions and application process has grown to be both confusing and competitive. Bedford College Consulting provides customized coaching and one-on-one help with the college research, application, and admissions process The company offers a variety of consulting services, ranging from help developing a list of "best fit" colleges personalized for each student to offering guidance for developing college essays.

"As an independent college counselor, I work with students in a variety of ways, depending on their needs. My approach is student-centered and highly personalized."

According to Buchanan, when a good fit is achieved between student and school, the student is more likely to be happy and the parents are more likely to feel good about their substantial investment.

Buchanan uses her writing expertise to help students find and use their own unique voice in application materials. She was a college English major and former writer with over 20 years experience.

Perhaps the biggest benefit to hiring an independent college consultant is peace of mind. "Parents are relieved that someone else is working with their child, checking in, and offering guidance. They can step back and relax a little."

Bedford College Consulting is giving a seminar called College Admissions: What You Need to Know and Why on Wednesday, January 29 at 7:00 PM. This event is being offered as part of the Souhegan Adult Enrichment program. Go to http://www.bedfordcollegeconsulting.com/seminar.html for a detailed description and registration instructions.

Joan Buchanan, Bedford College Consulting founder

## Clark-Wilkins 2014-2015 New Student Registration

Registration for Preschool, Kindergarten and incoming first graders that are new to the Amherst School District, will take place in the Clark School Multipurpose Room on Saturday, February 8, 2014 from 9:00 AM until 1:00 PM. Snow date is Saturday, February 15th. Registration packets can be downloaded from our website http://www.sau39.org/cw for your convenience. Please bring completed packets along with your child's most recent physical, immunization records and original birth certificate, which will be copied at the school.

**Preschool:** Children must be 3 or 4 years old by 9/30/14 respectively, to register for Preschool. Space is limited and enrollment will be a first come, first served basis. Please visit our website regarding preschool tuition. For additional information please contact Caroline Smith at caroline.smith@sprise.com.

**Kindergarten:** Children must be 5 years old by 9/30/14.

**First Grade:** Children who are 6 years old by 9/30/14 and did not attend kindergarten at Clark School must register for the upcoming school year. Current students do not need to re-register for first grade.

## ► FIRST Robotics Team Annual Comedy Night Set for January 25

continued from page 1

tastic deals from area merchants.

Souhegan's FIRST Robotics Team Entropy 138 participates in the US FIRST national robotics tournament where teams of high school-aged youth design and build robots to complete a set of prescribed tasks. The project combines computer programming, mechanical engineering, and electrical engineering into a team-based competition. Team Entropy competed in the Granite State Regional Tournament in Manchester, [other?]

FIRST was founded in 1989 to inspire young people's interest and participation in science and technology. Based in Manchester, NH, the not-for-profit public charity designs accessible, innovative educational programs that motivate young people to pursue education and career opportunities in science, technology, engineering, and math, while building self-confidence, knowledge, and life skills. More information on the FIRST program can be found at www.USFIRST.org.

## FREE CHILD CHECK SCREENING

**Children ages 2.5 to 5 years**
**For Amherst and Mont Vernon Residents**

Screenings are conducted by trained professionals in the areas of early learning, motor, vision, hearing and speech.

**January 31, 2014**
**9:00 a.m. – 12:00 p.m.**
Clark School, 14 Foundry Street, Amherst

Please call Caroline Smith, Preschool Coordinator
@ caroline.smith@sprise.com or 672-2343 to schedule a screening

LEGAL NOTICE LEGAL NOTICE

**Notice to the Citizens of Mont Vernon, NH**
**FILING DATES FOR MONT VERNON SCHOOL DISTRICT OFFICES:**
***Wednesday, January 22nd through Friday, January 31st, 2014***
***no later than 5:00 pm***

School District Officers to be elected March 11, 2014:

| | |
|---|---|
| **For three years:** | **One School Board Member** |
| **For one year:** | **School District Clerk** |
| **For one year:** | **School District Treasurer** |
| **For one year:** | **School District Moderator** |

If you are a candidate or seek reelection, you must file a declaration of candidacy with the school district clerk.

Sue Leger
Mont Vernon School District Clerk
672-9583

LEGAL NOTICE LEGAL NOTICE

**AMHERST SCHOOL DISTRICT**
**PUBLIC NOTICE**

The Amherst School Board will hold a public hearing on Wednesday, January 15, 2014, at 7:00 p.m. at Souhegan High School to consider the FY15 Amherst School District budget.
(Snow Date: January 17, 2014 at 7:00 p.m.)

The Deliberative Session of the Amherst School District will be held on Saturday, February 1, 2014, at 11:00 a.m. at Souhegan High School.

Voting for School District Officers and Warrants will be held on Tuesday, March 11, 2014, at Souhegan High School from 6:00 a.m. to 8:00 p.m.

LEGAL NOTICE LEGAL NOTICE

**MONT VERNON SCHOOL DISTRICT**
**PUBLIC NOTICE**

The Mont Vernon School Board will hold a public hearing on Thursday, January 16, 2014, at 7:00 p.m. at the Mont Vernon Village School to consider a bond for repairs, renovation and upgrades to the building and grounds at Mont Vernon Village School in the amount of $867,300.

Immediately following the bond hearing, the Mont Vernon School Board will hold a public hearing to consider the FY15 Mont Vernon School District budget.
(Snow Date for both Public Hearings: January 17, 2014 at 7:00 p.m.)

The Deliberative Session of the Mont Vernon School District will be held on Thursday, February 6, 2014, at 7:00 p.m. at the Mont Vernon Village School.

Voting for School District Officers and Warrants will be held on Tuesday, March 11, 2014, at the Mont Vernon Village School from 7:00 a.m. to 7:00 p.m.

LEGAL NOTICE LEGAL NOTICE

**SOUHEGAN COOPERATIVE SCHOOL DISTRICT**
**PUBLIC NOTICE**

The Souhegan Cooperative School Board will hold a public hearing on Wednesday, January 15, 2014, at 6:00 p.m. at Souhegan High School to consider the FY15 Souhegan Cooperative School District budget.
(Snow Date: January 17, 2014 at 6:00 p.m.)

The Deliberative Session of the Souhegan Cooperative School District will be held on Saturday, February 1, 2014, at 9:00 a.m. at Souhegan High School.

Voting for School District Officers and Warrants will be held on Tuesday, March 11, 2014, at the following locations:

- Amherst Voters-Souhegan High School, 6:00 a.m. - 8:00 p.m.
- Mont Vernon Voters-Mont Vernon Village School, 7:00 a.m.-7:00 p.m.

Preschool, ages 3-5
Morning or Afternoon extended
Kindergarten offered from
8:00 a.m. drop off, until 3:00 p.m.
walk to Clark or pick up
• Social & emotional readiness
• Learning through play
• Family events
• Nonprofit
• Est. 1995

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