

**The Sunflower Seed that AJ Grew**



The last day of Story Time at the Amherst Town Library, children planted sunflower seeds. After the plant started to grow a little bigger, AJ Emond planted it outside. Each morning, he watered the plant and watched it grow and grow bigger. A J is extremely proud of his accomplishment and wanted to share this picture.

ROSE FULLER COURTESY PHOTO

**Amherst Garden Club To Offer Evening Meetings**

AMHERST – Are you interested in learning more about gardening but are unable to attend daytime meetings? The Amherst Garden Club has something for you! New this year will be evening meetings of the club. The meetings will be open to present and new members as well as interested visitors. Meetings will be held the second Thursday of each month at Parkhurst Place, 11 Veterans Rd., Amherst, at 7:00 PM and are open to the public.

Evening meetings will give members flexibility in attending either during the day or the evening—or both! Members who find they can only attend evening meetings will have the opportunity to be involved in club activities such as the plant sale and civic gardening and will receive the newsletter.

All members will have the same voice in major decisions.

The speaker for the September 11 meeting will be Claudia Everest who will speak on “Fall Gardening—Color Till the Snow Falls.” The fall garden can be filled with brilliant trees, berried shrubs, flamboyant grasses and perennials that defy the frost. Fall plantings can really end the garden year with a crescendo of color.

Claudia is a landscape designer who specializes in four season gardens. Her company, North Land



Claudia Everest will speak September 11

Design, is based in Amherst and has been providing landscape design and maintenance for twenty-four years.

The mission of the Amherst Garden Club is to provide education, resources and networking opportunities for the members and to promote the love of gardening, civic landscaping and environmental responsibility. It welcomes everyone, expert or novice, who would like to learn more about gardening or would simply like to share information with others with the same gardening interests.



Amherst Scout Jacob Roberts and his Dad, Eric Roberts at the summit of Mt Washington.

**Amherst Scout Climbs Mount Washington for Mental Health**

On August 16th, Jacob Roberts, from Amherst Troop 22, trekked 10+ miles and climbed to the summit of Mount Washington, as part of the 3rd Annual Hike for Mental Health.

Jacob and 40 other hikers, braved 30 degree weather as well as biting winds, to raise more than \$12,000

to increase public awareness of the challenges faced by those afflicted by mental illness, as well as increase appreciation for responsible use of wilderness trails. Plans are already underway for next year's climb. If you are interested in hiking or donating please go to <http://www.hikeformentalhealth.org/>.

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