

# Schools

## Amherst Middle School Coaching Positions

Coaching positions open at Amherst Middle School; "B" teams for girls & boys soccer, and girls "B" team basketball. If interested please contact Athletic Director Jeff Wing via email [jwing@sprise.com](mailto:jwing@sprise.com).



Principal Rob Scully, backed by senior MCs Sara LaFleur, Meaghan Camello, Kathleen Foley & Cailin Dix, welcomes students.



Seniors & freshmen engage in a team-building hand game in joint advisory session.



Class advisor Kelli Warecki encourages seniors to actively create the great last year of high school that they expect.



Seniors and staff cheer on the Class of 2018 in traditional procession.



Seniors Matt Hopsfenspiger, Chris DeChambeau, Alex Maresco, Wils Ezequelle & Thomas Lott entertain in style.

## Souhegan HS Seniors Welcome Freshmen

The Class of 2015 of Souhegan High School greeted the Class of 2018 with beads and smiles in the bus loop at the start of school on Tuesday, September 2. The day was attended by just those classes so that seniors could introduce the freshmen to the culture of SHS. Seniors hosted their new schoolmates first in the theater to set the tone of the day with welcomes from staff and student leaders along with some fun SHS trivia and entertainment. Freshmen then met in academic teams to learn the expectations and curriculum for the coming year while seniors took time to reflect together on their new roles as the "elders" of the community as well as on opportunities and plans for their last year of high school. Freshmen and seniors alike met in their class advisories and then in joint senior-freshman sessions to introduce the business and pleasures of that daily activity. When the morning ended with the traditional freshmen procession and a freshmen/senior rally in the gym, all seemed to have a better handle on the school year to come and the Souhegan Six, which will guide them through the year.

### Searching for Souhegan Alumni in Military

Last year, Souhegan students in advisory sent holiday cards to graduates serving in the military. Cards and good wishes were sent to 28 alumni stationed around the globe. Please help us continue the tradition, send us the name and if possible the current address of the alumnus. Send to [mpaul@sprise.com](mailto:mpaul@sprise.com) Thank you!

## District Calendar Change Impacts Daily Schedule at SHS

When the SAU #39 changed the school calendar, it created a longer instructional day in all district schools and the opportunity for Souhegan High School to re-examine its year-old daily schedule. Students and staff have entered this new school year with the new White/Gold/Black schedule in hand and online and are navigating the three-day rotating schedule as they familiarize themselves with new classes, new faces, new spaces and more at Souhegan.

One of the strengths of last year's schedule was the frequent occurrence of extended class blocks allowing for in-depth study. That feature has been preserved in the new schedule, as academic subjects meet on alternate days (Gold Days, Black Days) to accommodate the lengthened, 100 minute periods. Last year's schedule included a "Saber Single" day once a week in which all classes met. This year, single period days (White Days) occur in

each three-day cycle, so students and teachers have the opportunity to connect on a more regular basis. Each grade level continues to have an additional single period class at midday adjacent to their lunch and advisory periods on White, Gold and Black Days during which elective course meet.

A non-academic concern was also addressed in the 2014/2015 schedule: lunch and advisory in each grade level occurs at a consistent time on all normal Gold, Black and White days. The continuity, indeed, makes for steady energy levels and dispositions for all. Monthly late start days will affect the "normal" schedule of the White, Gold or Black Day, sliding all periods later in the day.

The White/Gold/Black schedule creates a strong foundation for learning for students and teachers across grade levels and the administration is committed to minimal disruptions.

## SHS FIRST Robotics Team Registration September 17th

AMHERST – Souhegan High School's FIRST robotics team will conduct student registration for the upcoming 2014/2015 season on Wednesday, September 17th in the SHS Learning Center at 6:30pm. Dean Kamen founded For Inspiration & Recognition of Science & Technology (FIRST) in 1989 to inspire students to pursue careers in engineering and the sciences. The FIRST robotics program uses the excitement of a sporting competition to expose students to the inspiring career possibilities of engineering, mathematics, and science.

THE FIRST robotics program gives students the opportunity to work shoulder-to-shoulder with professional engineers solving a complex problem saddled with many competing cost and time

constraints. Students get first-hand experience exercising life skills like working as a team to achieve a common goal, decomposing a complex task into manageable activities, practicing time management skills, and overcoming adversity through systemic problem solving. Students gain exposure to strategic planning, working with tools to fabricate parts, assembling & wiring the robot, writing software programs to control the robot, and marketing/fund raising.

Last year, the team won the Granite State District and was awarded the General Motors Industrial Engineering Award. For more information on the SHS Robotics Team and the FRC competition, visit the team's website at [www.robotics138.org](http://www.robotics138.org).

Providing same-day  
**Dental Implants!**  
you leave with a new & beautiful smile

*Amherst Village Dental* LLC

Call **673.5510** for details  
One Umbo Lane . Amherst . NH

**VOULIDANCE**

Register Now Fall 2014  
Come Where the Training Is

New & Exciting Programs- Preschool to Adult

Baby Ballet to Pre-Professional Ballet,  
Contemporary, Hip Hop, Jazz, & Musical Theatre  
Workshops

71 Route 101A  
Amherst, NH 03031

ABT  
AMERICAN BALLET THEATRE  
National Training Curriculum

Phone: (603) 554-8626  
[www.voulidance.com](http://www.voulidance.com)

**Back to School - Back to Work**  
Don't let your pet stay home alone!  
Offering "Play All Day Doggie Care"! Just \$15/day  
Dropoff 7am, Pickup by 6pm Call for details:

[mck@mcoskerkennels.com](mailto:mck@mcoskerkennels.com) / [www.mcoskerkennels.com](http://www.mcoskerkennels.com)

**McOsker Kennels**  
Ponemah Road • Route 122  
Amherst, NH • 672-0032

**FAMILY VISION CARE**  
Dr. Philip S. Aubrey and ASSOCIATES  
OPTOMETRISTS

Dr. Philip S. Aubrey • Dr. Sharon G. Perkins

81 Mont Vernon Street – Milford  
**673-1330**  
Evening and Weekend Hours Available

**VARILUX**  
Revolutionary lenses

Member  
American Optometric Association

Bring the colors of fall home this season  
Decorate your home this fall inside and out  
with Mums, Pumpkins & Gourds, Cornstalks,  
and festive fall home décor.

**Bedford Fields**  
For Your Home, Garden & Pets

[WWW.BEDFORDFIELDS.COM](http://WWW.BEDFORDFIELDS.COM)

AMHERST: 42 ROUTE 101A • 673-0446 • MON-SAT 8:30-6, SUN 10-5  
BEDFORD: 331 ROUTE 101 • 472-8880 • MON-SAT 9-6, SUN 10-5