

## ► Amherst Community Foundation

from page 1

on its mission. In its infancy, ACF undertook very small projects. Two projects in 2014 were the Souhegan Valley Youth Resource Poster and a Bike Rodeo. The Resource Poster provides guidance to the members of the Souhegan Valley community in need of assistance in solving problems, which, when solved, will ultimately enhance the quality of life for those citizens of our communities. The Bike Rodeo's purpose was to instruct youth on bicycle safety in a fun and interactive way. Both of these small projects were done in collaboration with local police departments, organizations, and private businesses. All working together.

With the winter of 2014-2015 approaching, the Amherst Recreation Department and the ACF began collaborating to bring a larger town ice rink to reality. The intent of this partnership was to secure funding for the purchase of a PortaRinx ice skating rink for the Town of Am-

herst. The project will be funded by donors. If you go by the Amherst Middle School, you will see the results of this partnership. The rink is there for all ages to use. A win for everyone. ,

We ask the public to visit our Facebook page or our web site, www.amherstfoundation.org, to keep up with our endeavors and contribute when possible. At the present time, we are still accepting donations for the ice rink! Checks may be sent to The Amherst Community Foundation, Box 256, Amherst, NH 03031 or, if you prefer, you can use our on-line link with a credit card by going to <http://www.amherstfoundation.org/ice-rink/> The ice rink will be having a ribbon cutting ceremony on Friday, February 6th at 6 pm just prior to the Winter Carnival's Family Skate/Bonfire. For more information on the Winter Carnival go the Amherst Recreation Facebook page or visit their web site [www.amherstrec.org](http://www.amherstrec.org).

## ► Amherst's Native Son Who Gave Milford Its Paul Revere Bell

continued from page 1

see the bell from outside because of the louvers. To see it up close and personal, as I did earlier this month, one must first take the stairs to the attic, carefully make one's way past the clock mechanism enclosed in glass walls, and then, in the tight corner, take a few steps up and poke head and upper torso through the small trap door. Alas, the Revere name is on the opposite side.

Amherst, too, received a gift from Perkins Nichols that survives to this day. Do you know what it is? Hint: It's in Amherst's Town Hall.

### Inspiration

Often I'm asked where I get the ideas for my columns. Well, Perkins Nichols of Boston turned up in the deed chain while I was researching the origins of the William Read House, now standing at 14 Middle Street but formerly located in the block of the Brick School. William Read (1754-1834) owned & occupied the house at its original location from 1806 until his death. Shortly after buying the house, Read bought the store that formerly stood on the Soldiers' Monument Common. Perkins Nichols happened to provide a mortgage for the store in 1803 to an earlier owner; and as an "assignee" (trustee) of the estate of the prior bankrupt owner of the house, Robert Fletcher (1762-1809), Nichols was one of the grantors in Read's purchase deed of the house. The role of Perkins Nichols as a real

estate owner in Amherst turned out to be negligible – but his was an interesting 19th-century career – and an example of native sons who left Amherst near the end of the 18th century to pursue business careers in 'the city.' His final home was New York City, where he left a concrete – or maybe I should say, marble – lasting legacy, namely the New York Marble Cemetery which he organized and developed in 1831.

### Sources

My thanks go to Polly Cote, Milford's present-day town historian for sharing sources, explaining the moves of the meeting house and therefore of the bell, and pointing out the family connection between donor Nichols and Rev. Moore. "Milford's Paul Revere Bell" by Andrew E. Rothovius (1923-2009) of Milford, N.H. in his "The Olden Time Historical Newsletter," 1 October 1953; and a letter dated 22 Nov. 1956 by Rothovius to Mr. Adams, chairman of the Historical Society, giving his primary sources as the studies of Dr. Arthur Nichols (1911) and the recent researches of E. C. Stickney of Bedford, Mass. "Historical Sketch of the Town of Milford New Hampshire" by David Goodwin, hand-written, 1846, published along with a typed transcription by Milford's Historical Society in 1987. *Colonial Amherst* by Emma Boylston Locke, p. 41, for Amherst's bell history.

## ► Third Annual Candidates Night

from page 1

• Souhegan School District (Amherst resident) – one School Board Member.

In the event of inclement weather, a decision about cancellation will be

made by 4 pm. Please call 673-5171 or check ACTV20. There is no alternate date scheduled.

## ► Town and School Districts Prepare Budgets for Deliberative Sessions

from page 1

Contingency Fund - \$100,000 to come from undesignated fund balance. No tax impact in FY16 because it was raised through taxation in FY15.

Capital Reserve Funds: \$15,000 Assessing Revaluation; \$15,000 Communications Center; \$55,000 Fire Station Renovation to come from LUCT funds; \$150,000 Fire Truck Refurbish.

Sidewalk Construction Project \$65,620 (\$262,480 comes from federal grant money).

Public Health Mosquito Program \$40,000.

Article 32 does not have a tax impact. It grants the Board of Selectmen to act as Pipeline Intervener Status. "in order to present the claims of Amherst residents and property owners and protect their rights."

### Souhegan Cooperative District

Souhegan Cooperative contract agreement with professional and support staff for first year - \$29,894. SHS track replacement - \$220,000 with \$110,000 to come from School

Maintenance Trust Fund. Maintenance Trust Fund \$65,000 from undesignated fund balance. Amount to be raised through taxation: \$204,894.

### Amherst School District

Expansion of Kindergarten program to full day \$620,593; Amherst School District collective bargaining agreement with Amherst Support Staff Association for first year - \$40,660; and \$50,000 from undesignated fund balance for educating students with disabilities.

All of the budgets and warrant articles will be thoroughly explained and debated at the appropriate deliberative session.

**Souhegan Cooperative District**  
– Monday, February 2nd at 6 p.m. at Souhegan High School Theatre.

**Amherst School District** – Tuesday, February 3rd at 6 p.m. at Souhegan High School Theatre.

**Town of Amherst** - Wednesday, February 4th at 7 p.m. at Souhegan High School Theatre.

## ► Hollywood Glamour Visit to MFA

from page 1

Hoeffer-Mauboussin and Paul Flato. Along with eye-catching gowns once worn by famous figures and the sparkling jewels that contributed to their allure from the MFA and

private collections, photography by Edward Steichen along with period photographs, film stills, and film clips capture the style of the silver screen era.

- Cost: Bus & Driver Gratuity \$22
- Entrance Fee: Member of the MFA \$0; Non Member \$20, Senior (65+) \$18
- Check Payable to: Friends of the Amherst Library
- Mail to: Jane Cosmo, 12 North Meadow Road, Amherst, NH 03031
- Note: Please include your telephone and cell number
- Depart: 8:30 a.m. - The Meeting Place, Amherst (Rte. 101), Return: 5:00 p.m.

If you have any questions, please call Jane at 673-3192 or Jan at 673-8718.

### Amherst Town Library

## Facebook Workshop: Going Beyond Getting Started - Jan. 28

AMHERST – The Amherst Town Library welcomes technology professional Kim Reddington presenting, "Facebook Workshop: Going Beyond Getting Started," on Wednesday, January 28th from 1:00 to 3:00 p.m. as part of the Library's series for adults entitled, Tackling Technology...and Winning.

You may have a Facebook account, you probably have a few "friends" and maybe you've even posted a few things, but you still get confused when you are out there. You want to make sure that the photo you are uploading is only visible to certain people, but there are so many options. Maybe you can figure it out, and maybe you just get frustrated, but either way isn't it nice to have someone sit down with you and show you how it all works? This workshop is geared towards the person who already has a Facebook account but wants to know more about how to use Facebook and how to stay safe.

Topics planned to be covered in the workshop include: attaching pictures and tagging photos; downloading photos from your friend's post; working with photo albums; discovering and following certain friends; sharing something you see with other friends; hiding a friend's post without unfriending them; sharing certain photos with only your family and not others; understanding and modifying your privacy settings to work for you; and understanding why you see some friend's posts all the time and not others; and, other topics you may have questions about.

Kim Reddington is a speaker, trainer, and business coach and founder of Cereus Women. She works with success-driven women entrepreneurs and exceptional "Ce-



Technology Professional Kim Reddington

reus" men to help them use speaking to build their practice and get all the clients they want. Kim has been an entrepreneur since 1995 and has been using Facebook since 2007.

All programs in the Tackling Technology...and Winning series for adults are free and open to the public. However, registration is REQUIRED for each program due to space limitations. You can register for all these events by calling 673-2288, emailing [library@amherstlibrary.org](mailto:library@amherstlibrary.org) or by visiting our website at [www.amherstlibrary.org](http://www.amherstlibrary.org) and selecting the "Community Services" tab, then click on drop down "Sign-Up for Programs."

## ► Amherst Recreation Programs and Events

Team placement will be based on screening. All players will screen. Games will be played with surrounding towns

**Who: 9-12 yr old girls**  
**What: Minors/Majors**  
**When: Tentative start date of 42015**  
**Fee: \$90R; \$117NR**

### 13-15 year olds: Juniors

Play games with surrounding towns. Games generally play on Wednesdays and Saturdays, not to conflict with the Middle School Schedule.

We encourage all 7th and 8th grade players to sign up. If your player makes the school team and decides not to play for this program you will get a full refund.

**Who: 13-15 yr old girls**  
**What: Junior League**  
**When: Tentative start date of 42015**  
**Fee: \$90R; \$117NR**

### Softball Clinic at AMS

Come get a jump on the Softball Season with a 4 week skills, drills and activities program geared to develop your softball abilities. This program runs Mondays through March at the Amherst Middle School. Be prepared each week to participate for an hour and a half of softball.

**Who: 5th-8th grade**  
**Where: Amherst Middle School Gym**  
**When: Mondays March 2nd -23rd from 6-7:30pm (see website for more details)**  
**Fee: \$25R; \$35NR**

### Homeschool Science Programs

Amherst Recreation offers environmental and science programs to home school students throughout the school year at the Peabody Mill Environmental Center!

**Who: Home school students ages 3-14**  
**Where: Peabody Mill Environmental Center (PMEC)**  
**When: February 17th from 1-3pm (3-5yr olds from 1-2pm)**  
**Fee: \$5 for 3-5 yr olds, \$10 for 6-14 yr olds**  
please visit [www.amherstrec.org](http://www.amherstrec.org) for activity descriptions

### Spanish Workshops

Senora Rowley is a Spanish-speaking native and veteran educator. She will expand and deepen their knowledge of grammar, phonetics and pronunciation. They will work on reading and translating written Spanish. This class will also explore Spanish culture and history.

### Spanish Workshop for Beginners

**Who: K-4th graders**  
**When: 7:55-8:25am Wednesdays 215-4/15/15**  
**Where: Wilkins School, classroom #5**  
**Fee: \$75R; \$85NR**

### Spanish Workshop for Advanced

**Who: 2nd-4th graders**  
**When: 7:55-8:25am Thursdays 215-4/16/15**

**Where: Wilkins School, classroom #4**  
**Fee: \$75R; \$85NR**

### After-School Spanish at AMS

**Who: 5th-8th graders**  
**When: Wednesdays 215-4/15/15 2:30-3:30**  
**Where: Amherst Middle School, Portable classroom**  
**Fee: \$150R; \$160NR**

### February Vacation Day Camp

February School Vacation will be here before you know it! What better way for your children to spend it than take part in a fun-filled week at camp. This February, The Amherst Recreation Department will be running a day camp from Feb. 23-27 for children in grades K-5. Each day of the week will be geared towards a specific theme. Campers will become mad-scientists for the day, explore the adventures of the great outdoors, and even create their own Winter Wonderlands!

**Who: Grades K-5**  
**What: February Vacation Day Camp**  
**When: February 23-27, 2015; 8:30am-4pm**

Extended care available from 7:30am-5:30pm  
**Where: Peabody Mill Environmental Center**  
**Fee (after 1/15/15): Res: \$45 per day, or \$175 for the week; NonRes: \$50/\$185**  
Extended care Fee: \$10 extended care fee per child, per day

### Pre-School Programming

#### Toddler Trails and Tails

During this 4 week program we will explore a nature based theme through a story, a simple craft, movement and song, and an outside adventure! Instructor Nicole Colvin-Griffin brings 20+ years of experience in creating programs and teaching children of diverse ages.

This program needs a minimum of 4 participants to run.

**Who: 3-5 yr olds**  
**What: Toddler Trails and Tails**  
**Where: Peabody Mill Environmental Center**  
**When: March 3, 10, 17, 24 from 10:30-11:30am**  
**Fee: \$35R; \$40NR**

#### Exploring Nature Together

Join us for a parent/caretaker and child (ages 3-6) adventure! This is a hands-on class with seasonal themes will be followed by outside fun, with themes that will include: NH Animals and Plants, Habitats, Animal Tracks, and more!

This program needs a minimum of 4 participants to run.

**Who: ages 3-6**  
**What: Exploring Nature Together; A Parent Child Class**  
**Where: Peabody Mill Environmental Center**  
**When: March 3, 10, 24; 1-2pm**  
**Fee: \$25**

### Adult Programming

Cooking with Paula Garvey- Simple Comfort Food  
February is the perfect time for warm, satisfying meals. I will



Brandon Baker and Chad Denning ran neck and neck to the finish in the first Joe English Challenge, until Denning broke stride, allowing Baker to finish first with the one-second lead. Spectators lauded Denning's sportsmanlike gesture to forgo a final push for first, yielding to the younger Baker. Tragically, Denning died a few months later on a training run on Mt. Moosilauke.

## 2015 Joe English Trail Challenge

AMHERST – The Joe English Trail Challenge incorporates 12.5 Loop to Complement 25K Original!

Registration for the 2015 Joe English Trail Challenge opens this week. The Trail Challenge, which is sponsored by the Amherst Land Trust, is an event designed to push runners and hikers to complete a course through beautiful New Hampshire forest, filled with steep ascents and descents, rough terrain and other natural obstacles. The event, held at Freestyle Farm thanks to our gracious host Ariel Taylor, is named for the Pennacook man who once escaped his pursuers by running over the hillsides through the woods. Although the Challenge is timed, the competition is not between the participants as much as it is between each participant and the trail: as demonstrated last year when the lead runner, the late Chad Denning, stepped aside at the finish line to let a companion cross the line first. The most challenging section of the 25K course has now been named the Denning Loop in honor

of Chad, who died unexpectedly last autumn on Mount Moosilauke.

Runners are encouraged to return each year to attempt to better their personal times. New this year is a 12.5K option for those who are just starting out in trail events or are otherwise not interested in taking on the full Challenge. Be assured, however, the 12.5k course is a challenge in its own right!

The Trail Challenge is one of two annual Joe English Challenge events. Last fall saw the inaugural running of the Joe English Twilight Challenge, a one-of-a-kind moonlight marathon for solo runners and relay teams. The mission of Amherst Land Trust is to preserve open space for the benefit of the citizens of Amherst and the surrounding communities. The Joe English challenges invite people to experience the forests of Amherst in different and exciting ways. For more information, or to register, visit the event webpage: [Joe-English.org](http://Joe-English.org) or Like us on Facebook.

continued from page 4

demonstrate how to make a versatile bread stuffing from scratch to be used in Stuffed Mushrooms-perfect for a starter, a side or a simple lunch.

This menu is ideal for Valentine's Day, for what better way is there to show your love than with a homemade plate of deliciousness!

The Menu:  
Stuffed Mushrooms with Garlic and Bacon  
Lamb Tagine with Couscous  
Traditional Bread and Butter Pudding

**Who: adults 18+**  
**What: Cooking demonstration**  
**Where: Amherst Middle School- Life Skills room**  
**When: 2/11/15; 7-8:30pm**  
**Fee: \$20R; \$25NR**

### Weekly Walks in Amherst

Let's get out and explore some of Amherst's best kept secrets. The Amherst Parks and Recreation Staff will meet you at the selected trail-head on Tuesdays at 10am. Once the snow flies we will bring snow shoes for hikers. Please wear orange during hunting season. If it is raining...please call the Recreation office for cancellations after 9am.

**Who: General Public**  
**When: Tuesdays @ 10am**  
**Fee: Free**

Schedule: TBD -please check back as we are waiting for the icy conditions to subside

### Zumba Gold® (Low Impact for Beginners)

If you have ever enjoyed any kind of dance in your life...ballet, tap, swing, ballroom, folk dance, country line dance or Jazzercise...you'll pick this up in no time!

Class Format: 45 minutes of dance including: 10 min. warm-up, 20 min. moderate intensity aerobic dance, 10 min. cool-down and a 5 min. standing stretch.  
**Clark School Option**

**Who: adults ages 40-75**  
**What: Zumba Gold**  
**When: January 12- March 23, 2015: Once a week (Mon or Thurs) Twice a week (Mon & Thurs)**  
**Time: 3:45-4:45pm**  
**Where: Clark School; Multipurpose room**  
**Fee: once a week for 9 weeks \$54R; \$64NR**  
twice a week for 9 weeks \$81R; \$91NR

### NEW Souhegan High School Option

**Who: adults ages 40-75**  
**What: Zumba Gold**  
**When: January 26- February 18, 2015: Once a week (Mon or Wed) Twice a week (Mon & Wed)**  
**Time: 5:30-6:30pm**  
**Where: Souhegan HS Annex Rooms**  
**Fee: once a week for 4 weeks \$24R; \$29NR**  
twice a week for 4 weeks \$36R; \$41NR

### Adult Basketball and Adult Volleyball

Pick up games at AMS have begun. The registration fee covers the

entire school year. See our website for details and to register.

### Game Days

Amherst Recreation offers a fun afternoon of table or card games for adults.

**Thursdays 1:00-3:30pm @ the Amherst Fire Department Training Room.**

No registration required, It's free!

### Family Programming

#### Birthday Parties at PMEC!

Create amazing birthday memories this year with a Birthday Party for your child age 3-12 at the Peabody Mill Environmental Center!

We have several themes to choose from or we can work together to tailor one just for your Birthday Girl or Boy. Please visit [www.amherstrec.org](http://www.amherstrec.org) for more details.

### Snowshoeing at PMEC

The snow is here! Head on up to PMEC for a fun-filled afternoon of snowshoeing. Snow shoe rentals will be available Saturdays, starting December 6, 2014 from Noon to 4pm.  
**Fee: \$6R; \$8NR**

### Trips

#### Irish Cabaret

Join Best of Times in 2015 for one of our hallmark programs...our St. Patrick's day celebration program. A show not to be missed!

**Who: Adults 18+**  
**What: Tony Kenny's Irish Cabaret day trip**  
**When: Wednesday, March 11, 2015. Arrival time 11:30am; departure time TBA**  
**Where: Venus De Milo Swansea, MA. Pickup location TBA**  
**Fee: \$85 per person (includes transportation, show, and luncheon)**

### NEW Cherry Blossom Festival & Washington D.C. Sightseeing Trip(April 9-12)

Join the Amherst, Merrimack, and Milford Recreation Departments for a trip of a lifetime! Experience the history and attractions of this great American City.  
**Trip Includes:**  
5 meals  
Coach Buss transportation  
Native Washington D.C. tour guide  
Overnight stay at the embassy Suites

**Who: Amherst, Merrimack, & Milford Residents**  
**What: Sightseeing Trip**  
**Where: Washington D.C.**  
**When: April 9-12, 2015**  
**Fee: \$559 pp Double \$549 pp Triple \$689 pp Single \$459 Child w/ 2 Adults**

**Coming soon: youth baseball clinics, preschool playgroup, track and field, archery and summer camps!**

We add programs weekly, so check our website often...

And make time in your life for Recreation!