

SportsFolio



Souhegan Girls Nordic team at their Lebanon race. (L to R): Julia Apiki, Hannah Culver, Sophie Oehler, Kelly Delovo, Kathleen Foley, Lily Sullivan, Anna White, Sadie Lowell, Carly Seguin.

PHOTO COURTESY JIM OEHLER



Rhiannon Allison (1st)



Anna Farrow (5th)



Jasper Jones (11th)

01/22/15: Division 2 Slalom at Crotched Mountain

Team Results: Souhegan Girls in 1st Place, Souhegan Boys tied for 3rd Place

Souhegan Girls Top 20 finishers: Rhiannon Allison (1st), Anna Farrow (5th), Alana Barretto (6th), Katie Taylor (8th), Ellie Noble (11th), Kate Bermingham (13th), Jen Catrambone (19th).

Souhegan Boys Top 25 finishers: Jasper Jones (11th), Dean DeFilippo (18th tie), Sam Ezequelle (18th tie), Matt Chistolini (21st), Monty Jones (22nd), Jonathan Kempf (23rd).

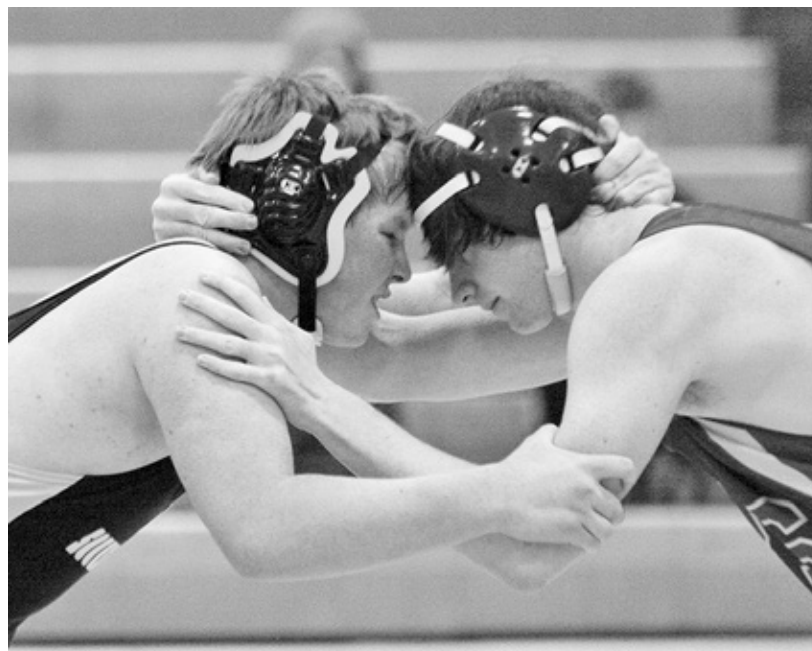
Rank	NH D2 Girls SL 01/22/15	Points	Rank	NH D2 Boys SL 01/22/15	Points
1	Souhegan	384	1	Derryfield	383
2	ConVal	352	2	Hollis-Brookline	367
3	Hollis-Brookline	350	3	Souhegan	345
4	Pembroke	321	3	Portsmouth	345
5	Derryfield	294	4	Milford	340
6	Portsmouth	267	5	ConVal	254
7	Milford	79	6	Pembroke	241

Souhegan Sabers Face Challenging Opponents in Recent Contests



The Souhegan Boys' Ice Hockey Trained 3 to 1 After First Period Then Came Back Strong to Defeat Laconia 5 to 3
Alexander Maresco (senior)

SOUHEGAN PHOTOS COURTESY BILL DOD



Souhegan Wrestlers Lose Match to John Stark
The young, hard working Souhegan dropped a dual meet with John Stark on Monday. Photo: Souhegan's Liam King at 189 lbs



Souhegan Girls' Basketball Team Drops Game to Portsmouth Clippers
Mia Len dribbles down court



Souhegan Boys' Basketball Drop an Exciting Game to Hanover 62 - 56
Sophomore Zach Thibeault

Eli Moskowitz Named Boys Cross Country Runner of The Year

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both the Division 2 championships in 15:58.20 and the Meet of Champions in 15:32.40. Also the Runner of the Year as named by the New Hampshire Cross Country Coaches Association and Nashua Telegraph, Moskowitz took seventh at the Foot Locker Northeast Regional championships in 15:40.50. He finished fifth at the New England Cross Country Championships, clocking a 15:54.

Moskowitz has maintained a 3.39 GPA in the classroom. In addition to mentoring refugee children from Asia and fundraising for Solar Cooker International's efforts to provide sustainable cooking ma-

terials in Africa, he has also volunteered at the Lowell Transitional Living Center and as part of the Hope for Gus Foundation's efforts to benefit muscular dystrophy research. Moskowitz has also maintained trails at Acadia National Park and served as a trail monitor for USA Track & Field.

"Eli Moskowitz has been a force in New Hampshire running for his entire high school career," said Stan Lyford, head coach of rival Portsmouth High. "And this year was clearly his best."

Moskowitz will attend Brown University this fall, where he will continue his running career.

SHS Soccer Coach Receives National Honor



At the National Soccer Coaches Association of America (NSCAA) convention in Philadelphia during the week of January 12, Souhegan boys coach David Saxe was recognized as the Region 1 (New England) High School Coach of the Year. He is pictured above (second from left) with the other regional winners from around the country. The NSCAA is the world's largest soccer coaches' organization and serves members at every level of the game.

Souhegan Track & Field Results 1/25/15

DURHAM – Souhegan track teams competed at UNH in the first of two open qualifying meets for the Division championships in two weeks. Madeleine Hunt led the way for the Sabers by setting a new Souhegan record in the 1500 meters. Her time of 4:54.2 earned her second place in the meet, and the 2008 record of 4:58.6 set by Chantal Croteau was eclipsed. Other Souhegan top performances included Esther Johnson's second place effort in the shot. Her put of 35' 2 3/4" was a personal best by more than a foot. Abby Cranney ran well, and her time of 44.0 in the 300 meters gave her fourth place. Amy Lambert was the other Saber individual in the top six, and her 600 meter time of 1:30.7 awarded her sixth place. The 4 by 160 team of Brooke Tanguay, Caleigh Burns, Abby Ballantyne, and Abby Cranney ran a season-best

time of 1:30.7 to place sixth in the event.

Eli Moskowitz paced the Saber boys' team with a first place effort in the 600 meters(1:27.6). Matt Blood ran a personal best in the 55 meter dash(6.6) to take second place. He also teamed up with Travis Woods, Sebastian Eaton, and Ben Miller to take second place(1:20.2) in the 4 by 160 relay. Travis Woods also high jumped 5' 6" for third place honors, and Cam Behn ran 39.3 in the 300 meter run, also good for third. Peter Forster rounded out the top six finishers with 5' 4" in the high jump and a season best of 18' 5 1/2" long jump.

Next Saturday both teams will again compete at UNH as a final tune up for the Division championships to be held at Dartmouth College on Sunday, February 8th.

Amherst Residents in College Sports

Julie Kellndorfer Competes in First Season For Simmons Field Hockey

BOSTON, MA – Julie Kellndorfer has just completed her first year of competition for the Simmons College field hockey team.

The first year back performed in six matches for the Sharks, each resulting in shutout victories. The back made her collegiate debut on September 2 in a 5-0 victory over Becker College. The Souhegan graduate helped her backline reach eight shutouts in total and managed to limit opponents to just under six shots on goal per game on the season.

The Sharks finished the season with a 13-6 mark, while winning the Great Northeast Athletic Conference crown for the first conference championship in program history. Simmons bowed out of the first round of the NCAA Tournament with a 2-0 loss to host University of New England on November 12.

Little East Conference Announces 2014 Fall Academic All-Conference Teams

KEENE - Holly Bourassa of Amherst majoring in Safety & Occupational Health and a Keene State College student-athlete was named to the Little East Conference Fall Academic All-Conference team.

To be named a Fall All-Academic awardee, a student-athlete must have a cumulative grade point average of 3.3 or higher through the 2014 spring semester and be at least a sophomore academically and athletically. The student-athlete must also be a full-time member of a varsity sport and be enrolled in its institution for a full academic year.