

# SportsFolio

## Souhegan Sabers Girls Basketball Team Drop Division II Opening Conference Game To Goffstown Grizzlies, 37-23

MARCH 4, 2015 – First Round Souhegan girls basketball concluded their season in division II play with 1 win and 8 losses. Twelve out of the fifteen players will return next year with experience under their belt to help get off to a great start.

Coach Mike Heaney bids fare well to senior players Hannah Kenney, Katie Almeida and Kate Heaney.

This game was part of the 2015 New Hampshire High School Girls Basketball Playoff Brackets: NHIAA - Division II.

### Roster

- #3 Katie Almeida
- #10 Jill Roberts
- #12 Hannah Chick
- #13 Hannah Kenney
- #14 Kate Heaney
- #15 Ciarri Formby Lavertu
- #20 Caitlin Watson
- #21 Emma White
- #23 Jules Donahue
- #24 Mia Len
- #31 Maddie Maurais
- #32 Alli Canavan
- #44 Lindsey Mccool
- #51 Ally Roberts



Freshman, Mia Len passes the ball down court

BILL DOD COURTESY PHOTOS



Former Souhegan student-athlete scores big at Carnegie Mellon

## Cordts Named to the Capital One Academic All-America Men's Basketball Squad

(AUSTIN, Texas) – For the first time in school history, two Carnegie Mellon University men's basketball players, senior Seth Cordts (Amherst, N.H./Souhegan) and sophomore Jack Serbin (New Albany, Ohio), were named Capital One Academic All-Americans in the same year. As announced Tuesday, February 24 by Capital One and the College Sports Information Directors of America (CoSIDA), Cordts was named to the second team while Serbin found a spot on the third team. The two also become the sixth and seventh players in program history to receive the prestigious honor.

Both were named to the Academic All-District 4 team in early February, allowing their names to be placed on the national ballot.

Cordts, a mechanical and biomedical engineering student, carries a 3.89 GPA. Cordts currently ranks second on the team and fifth

in the University Athletic Association (UAA) in scoring with 17.4 points per game. The senior leads the Tartans in foul shooting, as he converts 78.6% from the line and earlier this season connected on 22 straight and currently has made 39 of his last 42. Cordts has scored in double figures in 20 of 24 games this season including pouring in a career-best 34 on two occasions; the first coming at Pitt-Johnstown to open the season and the second in a setback to nationally ranked New York University.

Cordts has been named an Andrew Carnegie Society Scholar, given to 40 seniors from Carnegie Mellon based on Academic Merit, Leadership, and Service, is a member of Pi Tau Sigma National Mechanical Engineering Honor Society, as well as a National Association of Basketball Coaches (NABC) Honors Court Academic Award honoree.



Ciarri Formby Lavertu



Hannah Chick



Caitlin Watson

## Think Spring, Start Rowing!

AMHERST – The cold winter days are almost over and brighter and warmer days are ahead. The best way to forget the winter is to think about rowing on Baboosic Lake. The Baboosic Lake Rowing Club (BLRC) would like to invite all adults (18 years +) that are interested in the sport of rowing to please attend this meeting.

The Spring Information meeting will take place on Tuesday, March 31st at 7PM at the Amherst Town Recreation Building. This meeting will introduce you to the sport of rowing (if you don't already know about it), the practice and racing schedules as well as the requirements and expectations of being a member of this growing club.

The BLRC is a Non-Profit Rowing Club that supports and coaches a male and female masters and youth programs (Souhegan Rowing Club). So, if you are looking for a new challenge and a great opportunity to improve your life, come and join the BLRC in ushering in a whole new season of rowing in Amherst!

If you need any additional information regarding the program, please contact the BLRC at baboosicakerowing@yahoo.com. Thank you for your consideration.

## Souhegan Cheerleaders Head to State Championships!



Left to Right: Front row, Ari Renna, Erin King, Courtney Kenny, Bre Marks, Taylor Hennas; Middle Row, Tiana Savo, Ellie Lohnes, Sophia Mancini, Sydney French, Morgan Brown, Kathryn Roundeau; Back Row, Marissa Walker, Mackenzie Patten, Grace Yurish, Mary-Kate DiMartino, Paige Karavas

On March 8th, the Souhegan High School Varsity Cheerleaders competed in the Preliminary Round of the NH State Championships. Lead by coach Stephanie Sayer, the team placed 4th out of 16 in their division. They will now move on to the State Championship which will be held on March 15 at Pinkerton Academy in Derry. The State Championship features the top featuring the top 8 teams in Division

II. The Sabers will be performing their original "Diva" themed routine, full of stunts jumps and spirit! Go Souhegan, Go Team, Go Sabers! #RockTop

They are managed by Caterina Coppola and coached by Stephanie Sayer. Souhegan High Spirit is committed to athleticism and school spirit.

Souhegan High School Spirit program has two seasons of cheer-

leading: Fall and Winter.

Fall Spirit cheers for football games and competes in competitions including State Finals. Fall Tryouts are held second week of August. Winter Spirit cheers for home boys basketball games and competes in competitions including State Prelims and Finals.

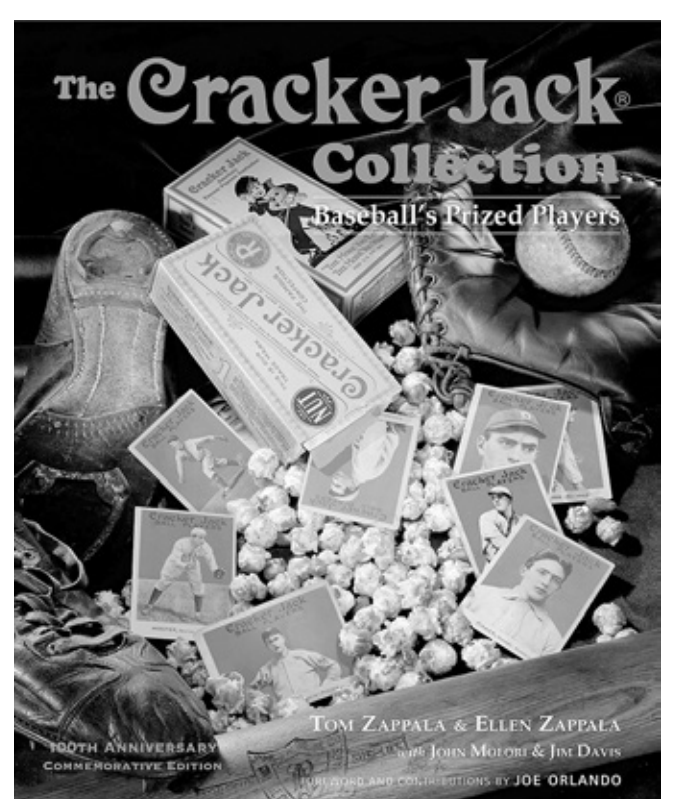
Winter Tryouts are held the week before Thanksgiving break.

## "Take Me Out To The Ball Game"

AMHERST – Come join us at the Amherst Town Library and share your baseball fever at "Take Me Out to the Ball Game," on Tuesday, April 7 at 7 p.m. This presentation is the first of the April series of programming at the Library for adults entitled, Field of Dreams: Baseball, Travel, and Anything Chocolate. Tom and Ellen Zappala and contributor John Molori will be celebrating their book, *The Cracker Jack Collection: Baseball's Prized Players* with a talk and slide presentation in the Main Reading Room. We also invite you to come early and view our display case that will be filled with the Zappala's wonderful collection of baseball memorabilia. What a way to bask in the baseball glory of yesteryear, and be entertained by the stories of baseball's glory years!

Recently recognized with the prestigious national IBPA Ben Franklin award, the book focuses on the lives of players featured on baseball cards used as prizes in Cracker Jack boxes in 1914 and 1915. Now 100 years old, these cards have become extremely collectible and valuable. The players featured in the book range from some of the best in the game like Eddie Collins (who was part of the famous \$100,000 infield of the Philadelphia Athletics), Ty Cobb and Honus Wagner, to lesser-known players like Cuban-born Armando Marsans, a talented player who made fine cigars. The Cracker Jack Collection: Baseball's Prized Players not only details the personal and professional lives of the players that make up the historic Cracker Jack Collection, but also discusses the history of the Cracker Jack product and its close connection to baseball.

Tom Zappala is co-owner of ATS Communications, co-author of *The T206 Collection: The Players & Their Stories*, and co-hosts a popular talk radio show broadcast in northern MA and southern NH. He also enjoys collecting vintage baseball and boxing memorabilia, using the simple philosophy of collecting for the love of the sport. Ellen Zappala is president of ATS Communications, publisher of a group of six newspapers in MA and NH and president of the New England Press Association. She especially enjoys bringing the stories of the Deadball Era players to life. John Molori is a columnist for Boston Baseball Magazine, ESPNW.com, Patriots Football Weekly, and New England Golf Monthly. His radio and television credits include ESPN, Sirius XM, Fox, Comcast, NESN, and NECN. He has been honored with the New England Emmy Award, CableAce, Beacon Award, and the New Hamp-



shire Broadcasters Award.

Please also join us for the rest of the Field of Dreams: Baseball, Travel and Anything Chocolate April series for adults: "Jet Setting 101: You Can See the World on a Budget" on Thursday, April 16 at 7 p.m.; and, "Cooking with Chocolate" on Tuesday, April 21 at 6:30 p.m.

All programs in the Field of Dreams series are free and open to the public. However, registration is REQUIRED for each program due to space limitations. You can register for all these events by calling 673-2288, emailing library@amherstlibrary.org or by visiting our website at www.amherstlibrary.org and selecting the "Community Services" tab, then click on drop down "Sign-Up for Programs."