Town News

AMHERST TOWN LIBRARY

Amy Lapointe, Library Director 14 Main St., Amherst NH Phone 673-2288 Fax 672-6063 email: library@amherstlibrary.org web http://www.amherstlibrary.org Mon-Thu, 9:30 a.m. - 8:30 p.m. Fri & Sat, 9:30 a.m. - 5:00 p.m. Sun, 1:00 - 5:00 p.m.

Children's Programming at the Amherst Town Library

Storytimes

All of our traditional Storytimes are drop in. We love to see you when you are able to attend. Storytimes are held the following days and times:

Baby Listeners lapsit storytime (from birth to 24 mos.) is on Friday mornings at 10:30. Current session meets: March13, 20, 27, April 3, 10 and 17.

Toddler Time for 2 and 3 year olds and their caregivers meet Tuesdays at 10:00. Current session meets: March 3, 10, 17, 24, and 31, April 7 and 14.

Book Bunch for 3-6 yr. olds is on: Wednesday mornings at 10:00am—March 4, 11, 18, 25, and April 1, 8 and 15. and Thursday afternoons at

1:00pm.---March 5, 12, 19, 26, April 2, 9 and 16. Pajama Time for 3-6 yr. olds is on Monday evenings at 6:30--- March 2, 9, 16, 23, and 30, April 6 and 13.

Coming up in April:

SPECIAL PROGRAM FOR PARENTS:

COME AND BUILD Friday, April 17, 3-4:30pm

Amherst Town Library

Marcy Yeager, coordinator of In-

ternational Studies at Northern Es-

sex Community College and an ad-

venture travel junkie, presents "Jet

Setting 101: You Can See the World

on a Budget" at the Amherst Town

Library on Thursday, April 16 at 7 p.m. The program is part of Field of Dreams: Baseball, Travel, and

Anything Chocolate April series

for adults at the Amherst Town Li-

brary. Do you dream about taking a

hiatus from your everyday life to re-

connect with yourself through ex-

ploration and travel? Do you have a list of countries you long to see

and no idea how to make your trav-

el dreams a reality? Whether solo

or as a group there is a trip that is just right for you! Marcy will share

her own travel triumphs and woes

and help make international travel a

Marcy is a graduate of North-

eastern University (B.S.) and the

University of New Hampshire

(M.S.). She joined the Northern Es-

sex Community College's Natural

Sciences Department in 2003 and

soon after was named chair of the

department, a position she held un-

til 2010. Working with employers

from across the Merrimack Valley

and faculty within her department,

reality for you.

iPads and apps are great, but sometimes, children just need to build something with their own hands! Come on down to the Children's Room, and let your child explore our collection of building materials. We have plastic tubes, marble racers, blocks, cars, magnetic shapes, mobilos, and lots of Legos! Let's see what we

can build! For kids ages $4\ \mathrm{and}\ \mathrm{up}.$ No registration is necessary. Friday, April 24 at 10:30am

TODDLER TANTRUMS---Why they happen, and what to do about them. With special guest Thom Linehan from UNH Extension Family Services.

Part of our "PARENTING MATTERS" series—addressing parenting concerns in an informal, "morning coffee" get-together. Toys will be available to help entertain our young children while we chat and listen... Please register online.

MINECRAFT CLUB

On Wednesday afternoons, you'll find a group of local Minecraft aficionados here at the library. They come to play, discuss strategy, and have fun! If you're interested in joining them, please contact Miss Kate at KateMcCoy@mail.com.

April Vacation Week Activities:

Don't sit around bored during school vacation week. The children's room at the library has a lot planned! (For those events requiring registration, please call 673-2288 or go online to www.amherstlibrary.org)

Tuesday April 28 at 10:30: Miss Lindsay and her PUPPET PALS---Miss Lindsay brings a huge collection of lovingly handcrafted, life sized hand puppets and marionettes to child and family audiences across New England. Filled with silly

humor, crowd participation, and unique, memorable characters, this series of charming, positive short stories will delight the young and the young at heart! Ideal for ages 3-8

No registration required.

Wednesday April 29 at 2:00pm INDOOR TIDE-POOLING w/ The Seacoast Science Center How does a sea star eat? Where do urchins live? How do crabs crawl? Why do snails have "trap doors?" During this program, children will observe and touch several different intertidal animals. Games, activities and role-playing will reinforce learning. Ages 5 and up. Space is limited, so registration is required.

Thursday April 30 at 10:00am: MATCHBOX MANIA Drive on down to the Children's Room, where we'll have everything set up to enjoy our collection of matchbox vehicles---roads, tracks, blocks, etc. If you have some favorites that you want to try out on our tracks, bring them along, but make sure to label them with your name.

Space is limited, so please register your child. For

children ages 3 and up.

Thursday, April 30 at 2:00pm: AFTERNOON MOVIE MATINEE. Bring a water bottle and a pillow, and we'll provide the popcorn and the big screen! Come and join us!

Friday, May 1 from 2:00-4:00: DRESS-UP PHOTO SHOOT! Come and use our supply of costumes and props, and/or decorate a mask —create your own look, and pose for the camera....CLICK!! Everyone brings

Jet Setting 101: You Can See The World On A Budget!

she created an associate degree pro-

gram in lab science which leads to

immediate employment in one of

three emerging fields-biotechnol-

ogy, environmental sciences, and

chemical analysis. Believing that

community service is an important part of student learning, she

has spearheaded volunteer commu-

nity projects including an assess-

ment of trees in downtown New-

buryport for the Newburyport Tree

Commission and an energy audit of

Lawrence city buildings. She serves

as co-chair of the college's Envi-

ronmental Impact & Sustainability

Committee which was formed to

integrate the economic, social, and

environmental principles of sus-

tainability through the curriculum

and operations of the college. Her

love of the South American rain-

forest (she teaches an NECC course

there every other year with one of

her colleagues) led to a month spent

in the summer of 2009 volunteering

on a small farm/eco-tourism center

program of the Field of Dreams:

Baseball, Travel and Anything

Chocolate April series for adults:

"Cooking with Chocolate" on Tues-

day, April 21 at 6:30 p.m.

Please also join us for the final

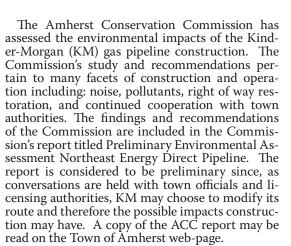
in Ecuador.

No registration required. ALL WEEK LONG: MAKE-IT/ TAKE-IT CRAFT— Come in anytime, all week, and make your own craft!

It's About Conservation

ACC Assesses Pipeline Environmental Impact

By Bruce B. Beckley CONTRIBUTING WRITER



The following are excerpts from the assessment report.

Based on current knowledge, the installation of the natural gas pipeline proposed by Kinder Morgan appears to be intersecting 2,600 linear feet of wetlands in Amherst including 1,600 linear feet of the Ponemah Bog Sanctuary. The Ponemah Bog Sanctuary is a unique physical feature and one of the most visited natural areas in the Town of Amherst. Kinder Morgan should exercise a large degree of discretion in proposing to traverse and interact with this highly regarded natural resource.

The alignment for the pipeline is proposed to cross the Souhegan River in four locations. Despite the impacts that may occur during construction of the 4.1 miles within Amherst, and the potential for additional cleared pathways notwithstanding, the Commission has concluded that there will be only limited long-term impacts on the natural systems affected by the pipeline construction provided concerns for the impacts on the pipeline from the acidic conditions in the subsurface of Ponemah Bog Sanctuary and from issues related to river channel meandering potentially impacting the crossings of the Souhegan River are addressed

The Commission recognizes that during construction there may be some impacts caused by the selected pipeline alignment or by the construction procedures that will or should be offset by mitigating steps that should include the ACC as party to any such deliberations. Commissioners agreed and explained after hearing expressions of residents' positions that "The Town should be diligent in requiring that any impacts are properly mitigated. Further, the Town should take full advantage of compensation programs as have been required of Kinder Morgan on pipeline projects elsewhere to benefit the Town's natural resources."

Living at Home SeniorCare Launches New Caregiver Training Program

AMHERST – Living at Home SeniorCare has made a commitment to providing the highest quality care to seniors in Southern New Hampshire by implementing employee training programs developed by the Institute for Professional Care Education. According to Company owner, Frank Belfsky, "employees now have access to IPCed's online caregiver training. The wealth of training material on this site is simply amazing, with over 300 hours of material devoted exclusively for caregivers and patient care. In addition, our employees will also have access to our proprietary training

through the IPCed portal."

We're using IPCed's training programs to ensure that all our employees have the skills and confidence they need to provide outstanding care. The training IPCed goes well beyond what is required by state regulations.

The Institute for Professional Care Education is the leader in high-quality training for senior care professionals. By choosing IPCed as its training partner, Living at Home SeniorCare is showing the home care industry and their customers that they are dedicated to providing the best possible care.

About Living at Home Senior-

Living at Home SeniorCare is a state licensed Home Health Care company which enables seniors to enjoy the comforts of home for as long as possible while providing family members with peace of mind. A highly motivated team of insured, bonded, Licensed Nurse's Aides and trained caregivers assist our clients with the activities of daily living. Call 546-6060 for details. Visit: www.lahseniorcare.com

Best of NH

NEW HAMPSHIRE

CO-OP EST.

I ANTIQUE

GOT ANTIQUES?

WE CAN HELP!

Downsizing?

We buy antiques, fine art,

sterling silver & more

NEED TO KNOW VALUE?

Free expert appraisals

HAVE AN ITEM TO SELL?

Consign it here!

323 Elm Street, Milford NH



Marcy Yeager

All programs in the Field of Dreams series are free and open to the public. However, registration is REQUIRED for each program due to space limitations. You can register for all these events by calling 673-2288, emailing library@amherstlibrary.org or by visiting our website at www.amherstlibrary.org and selecting the "Community Services" tab, then click on drop down "Sign-Up for Programs."



www.mainstreet-nh.com

DEADLINE: April 22

The ToadstoolBOOKSHOPS

APRIL IS NATIONAL POETRY MONTH.

Kids - time for our Annual Poetry contest!! Deadline for entries is April 24th Call us or see our website for details. Good luck!

KATINA MAKRIS & DR. JEFF SULLENDER Sat, May 9, 2 PM

Lyme Disease: Awareness, Prevention, and Treatment, will be discussed by Lyme survivor, Classic Homeopath, and author Katina Makris (Out of the Woods). Joining her will be nutritionist Dr. Sullender

BOB MANKOFF *Bedford Public Library*

Thu, May 14, 7 pm. The Cartoon Editor of The New

Yorker magazine speaks on his life in cartoons, HOW ABOUT NEVER – IS NEVER GOOD FOR YOU? Books available for purchase and signing. Call the library (472-2300) for details

JOHN ROCKWOOD Thu, May 28, 6:30 pm

The 'Loon Man' presents an educational and entertaining multi-media show on the state bird of Minnesota! His book about an orphaned chick, ADVENTURES WITH GRAPENUT, will be available.

Visit our website for all the details and more! www.toadbooks.com

M-T-W: 9-7, Th-Fr 9-8 Sat: 9-6, Sun: 11-5 Lorden Plaza, Milford

673-1734 12 Depot Sq., Peterborough, 924-3543

Colony Mill Marketplace, Keene, 352-8815



Annual Spring Plant Sale

Saturday, May 9, 2015 8:30 AM to 1:00 PM Wilkins Elem. School 80 Boston Post Rd, Amherst, NH

* Local Perennials

* Annuals * Herbs

* Garden Vendors * Kids' Potting Table

* Baked Goods

* Raffle Table

* Home and Garden Boutique

Pick out something special For Mother's Day Rain or Shine!!

www.AmherstGardenClub.org

THE MILFORD HOSPITAL ASSOCIATION, ESTABLISHED IN 1906. IS DEDICATED TO SUPPORTING LOCAL MEDICAL AND HEALTH-RELATED SERVICES IN THE COMMUNITIES OF MILFORD, AMHERST AND MONT VERNON.

THE TRUSTEES OF THE MILFORD HOSPITAL ASSOCIATION ARE PLEASED TO ANNOUNCE THE AVAILABILITY OF

2015 COMMUNITY GRANTS

NON-PROFIT ORGANIZATIONS (501c(3)), GOVERNMENTAL ENTITIES AND FAITH COMMUNITIES FROM MILFORD, AMHERST AND/OR MONT VERNON ARE ELIGIBLE TO APPLY. TO OBTAIN APPLICATION MATERIALS PLEASE EMAIL:

MILFORDHOSPITALASSOCIATION@GMAIL.COM C/O JENNIFER WIERWILLE NORTON,

MILFORD HOSPITAL ASSOCIATION GRANTS CONSULTANT **DEADLINE FOR FULL PROPOSALS:**

MAY 15, 2015 AT 5P.M. THE TRUSTEES OF THE MILFORD HOSPITAL ASSOCIATION ARE

PLEASED TO ANNOUNCE THAT APPLICATIONS ARE

BEING ACCEPTED FOR THE MILFORD HOSPITAL ASSOCIATION SCHOLARSHIP FUND

COLLEGE STUDENTS FROM MILFORD, AMHERST AND MONT VERNON PREPARING FOR A CAREER IN HEALTHCARE CAN APPLY THROUGH THE NH CHARITABLE FOUNDATION WEBSITE AT WWW.NHCF.ORG.

CLICK ON STUDENT AID AND LOOK FOR THE ADULT STUDENT AID APPLICATION. HERE IS A DIRECT LINK TO THE ADULT STUDENT AID PROGRAM: WWW.NHCF.ORG/PAGE.ASPX?PID=473

NEXT ISSUE: April 28 PRESCHOOL • PRE-KINDERGARTEN JITTLE EINSTEÏNS PRESCHOOL LEARNING CENTER, LLC Celebrating our 10th Year! Directors / Teachers: Monique Medeiros, B.E.S. and Darcie Gonsalves Sylvia, M.Ed The Meeting Place / across from Black Forest Café / Amherst, NH Call 673-3022 for more information or a tour

Fine Custom Framing Jerseys, Flags, Dresses... you want it, we'll do it!

FRAME DEPOT Collector Shadowboxes Make a very personal gift for your loved one! We frame badges & medals, fishing lures, sports clothing, tickets to special events, rock collections & even doctors' & dentists' tools. The sky is the limit! Original art, prints & cards by local artists. Ready made frames, posters, jewelry and gifts.

> facebook. VISA CERTIFICATES

227 Union Sq. · Milford **673-2936 • framedepot@artown.com** Tu-Fri 10-5:30, Sat 10-3, Sun 12-3

Big box stores can't beat our prices, quality, variety, or personal service! Shop locally!